

○ MUSIC  city COUNSELOR

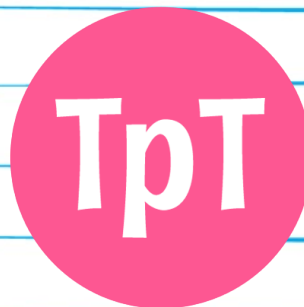
THANK YOU FOR YOUR  
PURCHASE!



Hey y'all, Laura here! I so appreciate when you please take a moment to leave a review on my resources on my TpT Store. Thanks for your support! Enjoy the resource!

♥ *laura oathout*

LET'S CONNECT!



For helpful ideas, engaging resources, and freebies, please check out my website and membership!

○ ♥ **WEBSITE:** [www.musiccitycounselor.com](http://www.musiccitycounselor.com)

♥ **MEMBERSHIP:** [www.counselorcollab.com](http://www.counselorcollab.com)

# ASCA MINDSETS & BEHAVIORS:

## Mindset Standards:

- M1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being

## Behavior Standards:

- B-SMS 2: Self-discipline and self-control
- B-SS 6: Effective collaboration and cooperation skills
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary
- B-SS 9: Social maturity and behaviors appropriate to the situation and environment

# DIRECTIONS PAGE I:

This lesson will take approximately 45 minutes to teach.

## Recommended Sequence:

- Review the PowerPoint or digital for Google Slides™ presentation with students.
- Review (and display) the conflict resolution posters with students.
- Discuss and practice the Conflict Cards and Resolution Cards with students.
- Choose a worksheet or coloring page to close the lesson.

## Presentation:

Both a PowerPoint and digital for Google Slides™ presentation are included. This presentation teaches students all about conflict resolution. Students listen to a story about the students in Mr.

Samson's class. They learn the definition of conflict, why it is important to learn how to resolve conflicts, and 12 ways to resolve conflicts. Then, the presentation includes 3 conflict scenarios and asks students how they would resolve them. This is a great time to ask students to "turn and talk" with a partner, then share out their ideas with the class. The presentation closes with 3 discussion questions about conflict resolution. As you work through the presentation, please model and practice the conflict resolution strategies with students.

# DIRECTIONS PAGE 2:

## Posters:

18 instructional posters are included. These are great for practicing conflict resolution strategies with students, and for displaying in your space!

## Conflict Cards:

These cards describe 12 different common conflicts that students face. Please cut them out. I recommend dividing students into small groups and giving each group 1-3 cards. Ask students to talk with their group about the conflict, how it would make them feel, and which strategy they would use to resolve it. Then, students can share their ideas with the class.

## Resolution Cards:

These cards describe the 12 ways to resolve conflicts. Please cut them out. There are many ways to use them! You can give them to students to help them resolve the Conflict Cards. You can use them during mediation sessions or when students are resolving conflicts with peers to help guide them. You can give each student a card and ask them to act it out. You can ask students to think of a conflict they have faced, give them a card, and ask how that strategy would help them resolve it. The possibilities are endless!

## Worksheets & Coloring Pages

Assorted worksheets and coloring pages are included to close the lesson. Please choose the ones that best fit the needs and abilities of your students, and the amount of time that you have!

POSTERS

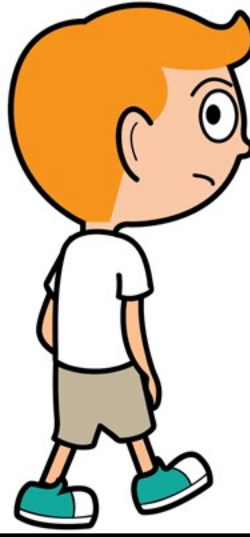
# CONFLICT RESOLUTION



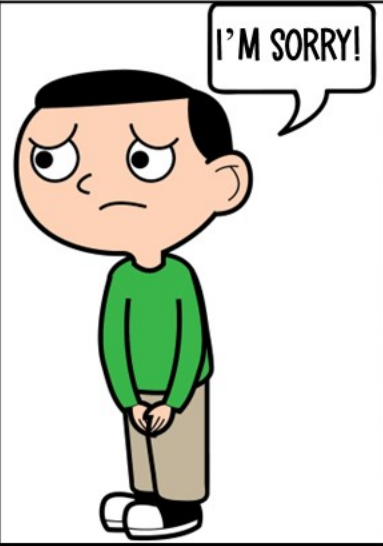
Use coping skills



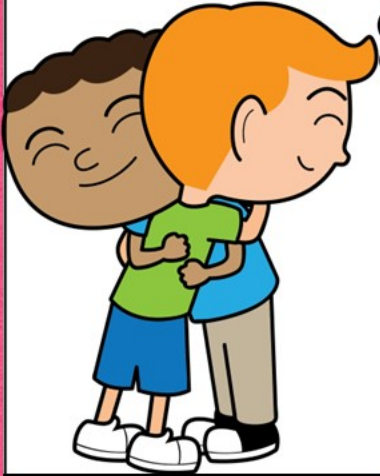
Tell them to stop



Walk away



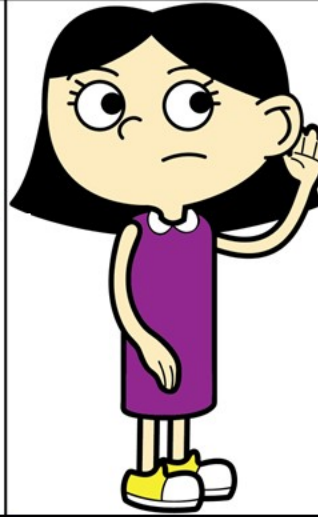
Apologize



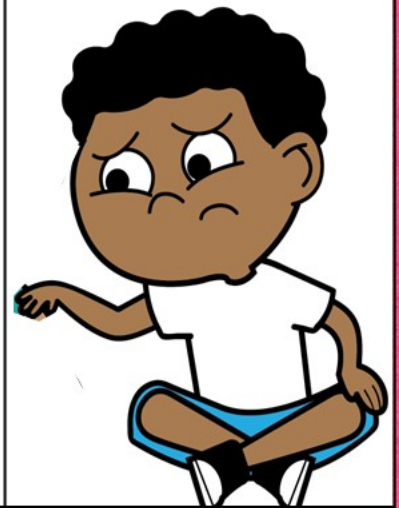
Forgive others



Share, take turns



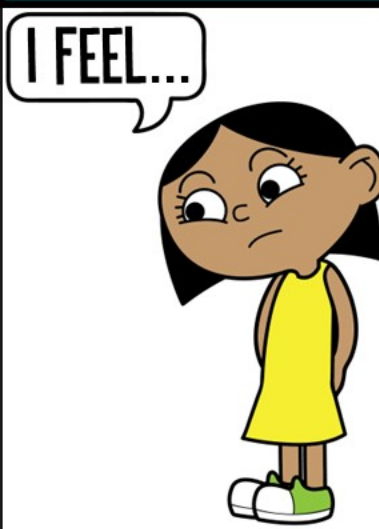
Actively listen



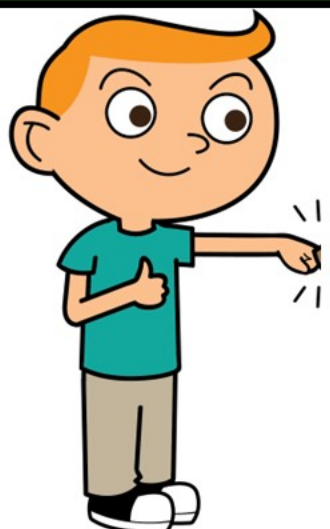
Be empathetic



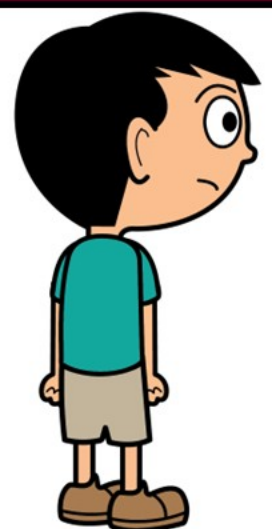
Try another game



Use I-Messages



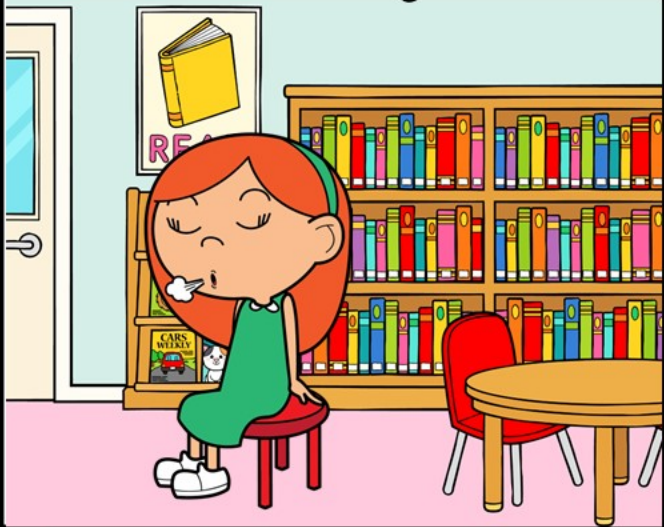
Compromise



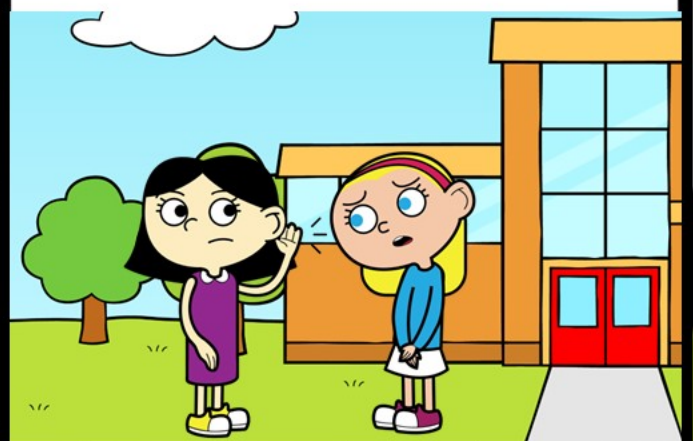
Ignore it

# 12 Ways to Resolve CONFLICTS

Calm your body and mind  
before resolving conflict.



Be an active listener.



Be empathic. Imagine how  
others feel.

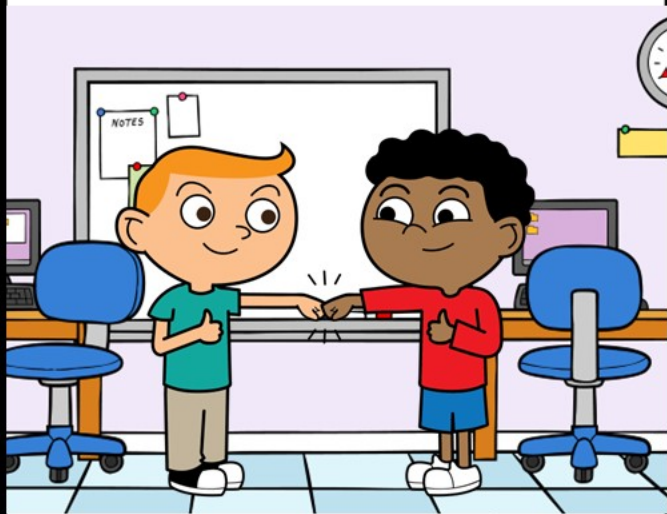


Use an I-Message.



# 12 Ways to Resolve CONFLICTS

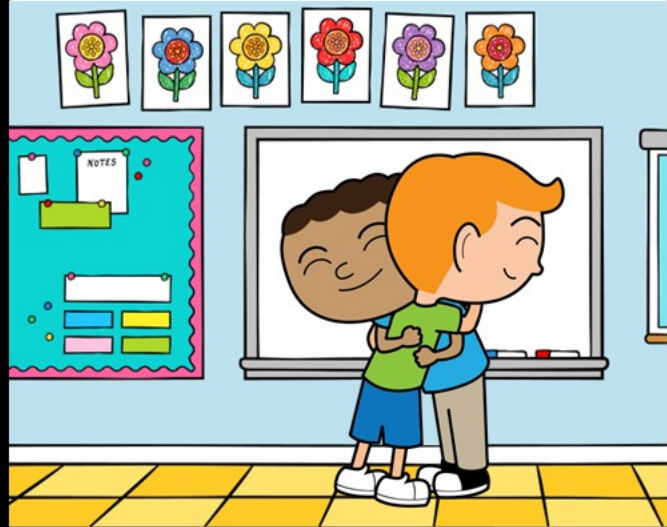
Compromise. Make a deal.  
Find a win-win solution.



Apologize when you make  
a mistake.



Be willing to forgive.



Ignore it and move on.

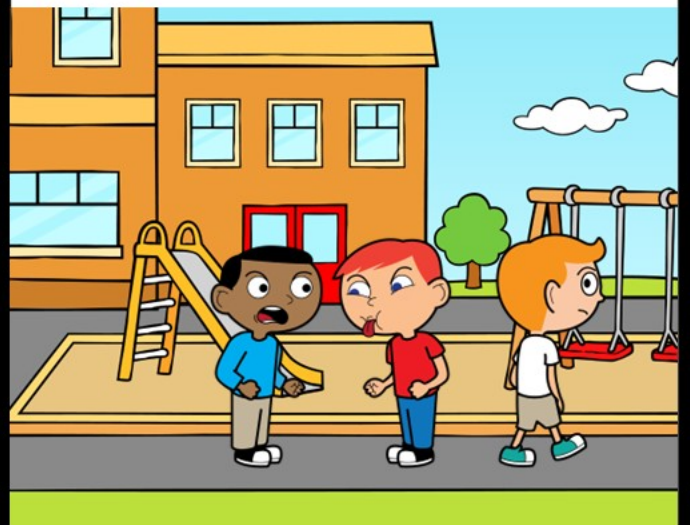


# 12 Ways to Resolve CONFLICTS

Go try another activity or  
play with another friend.



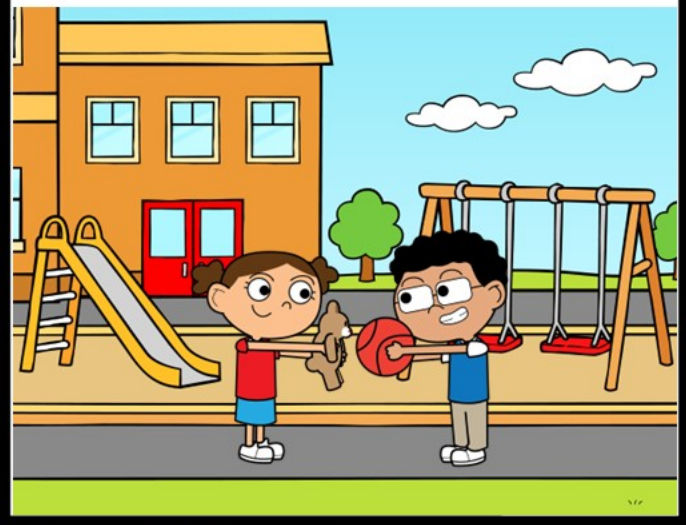
Walk away.



Tell them to stop.



Share and take turns.



# Why is it Important to RESOLVE CONFLICTS?

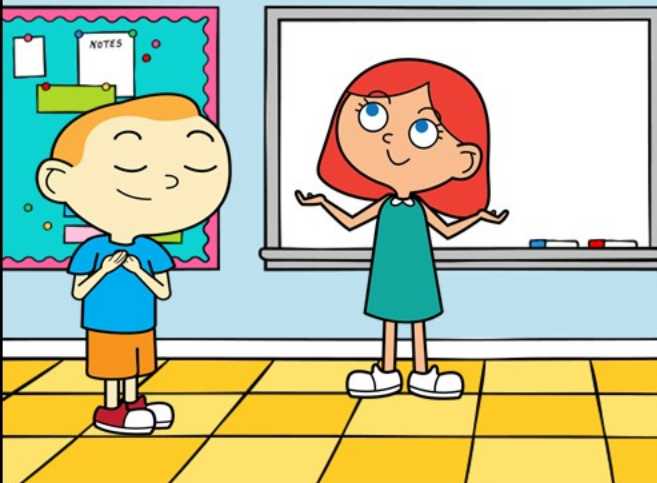
To make and keep friends.



To prevent problems from growing bigger.



To stay calm and in control of our feelings.



To achieve our goals and get what we need.



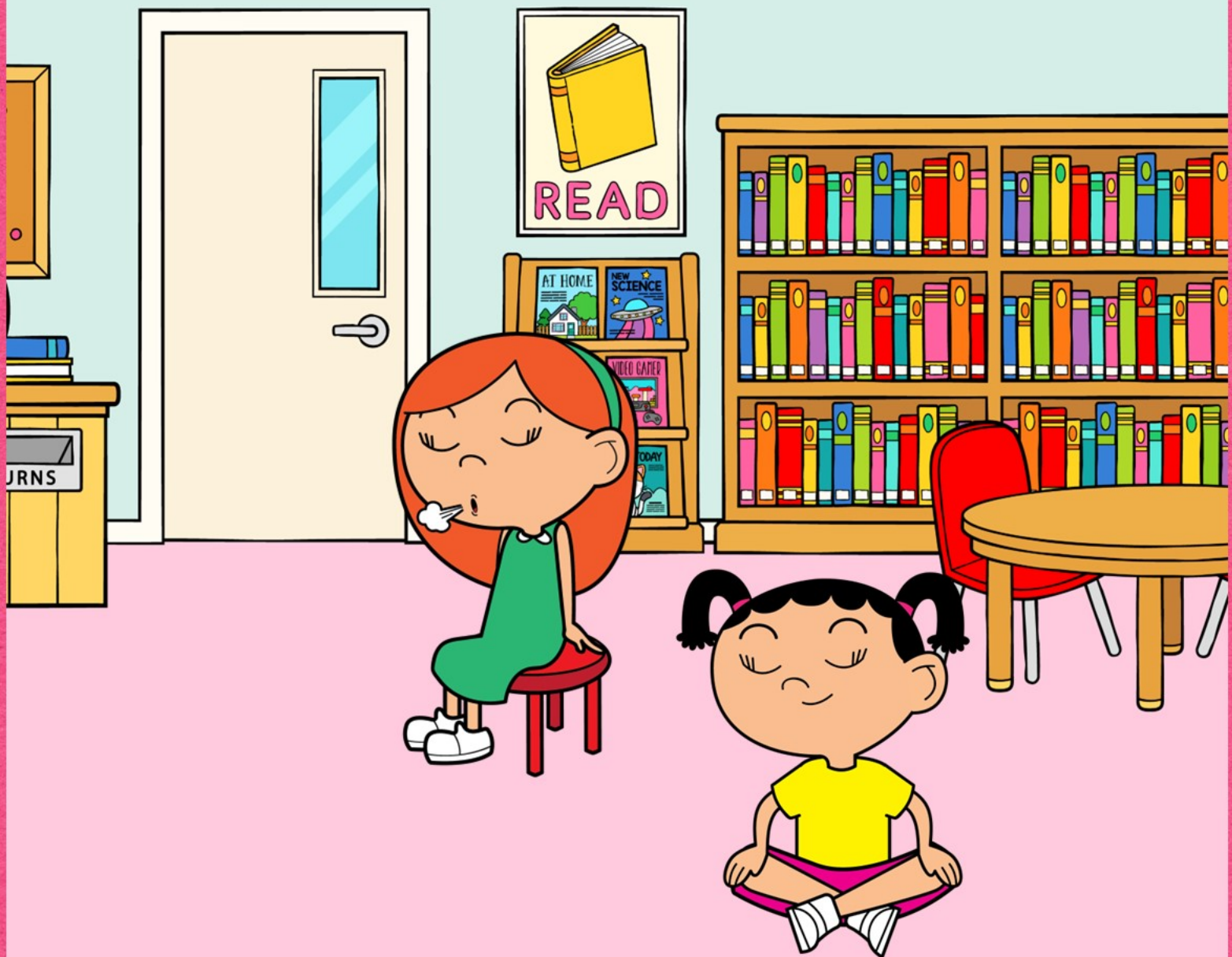
# What is a CONFLICT?

A disagreement between two  
or more people.



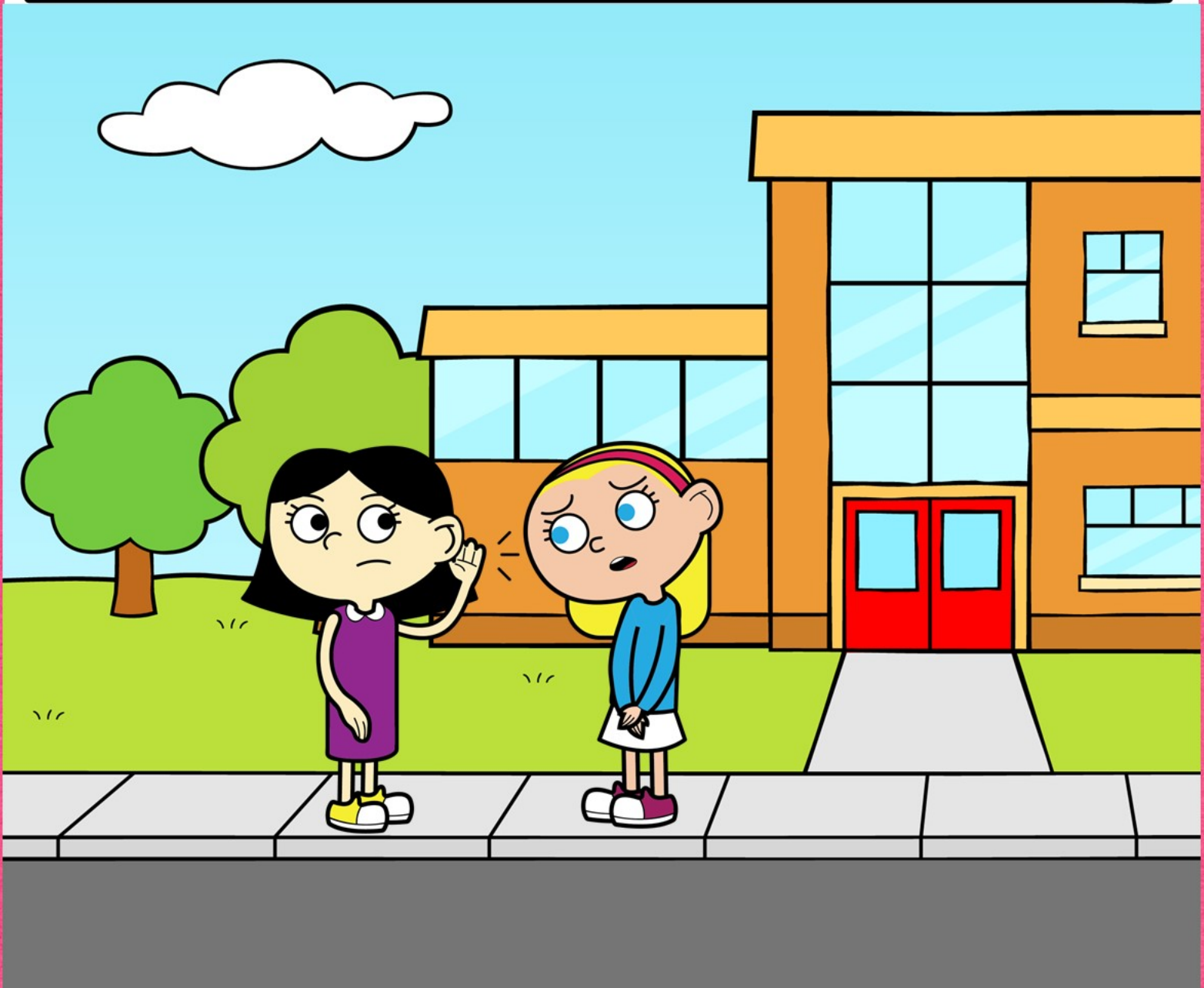
# 12 Ways to Resolve CONFLICTS

1. Calm your body and mind before resolving a conflict.



# 12 Ways to Resolve CONFLICTS

Be an active listener.



# 12 Ways to Resolve CONFLICTS

Be empathic. Put yourself in others' shoes.



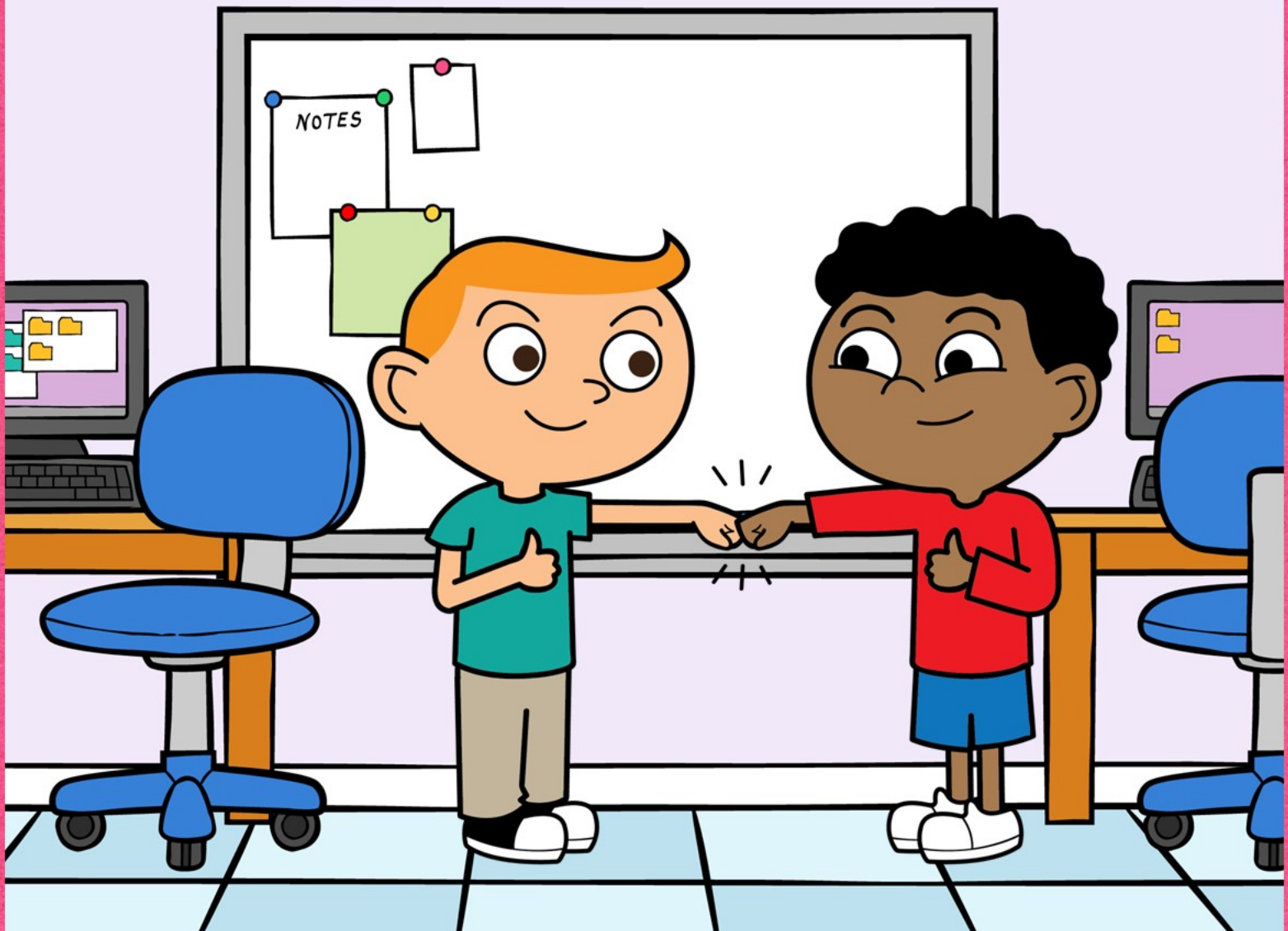
# 12 Ways to Resolve CONFLICTS

Use an I-Message.



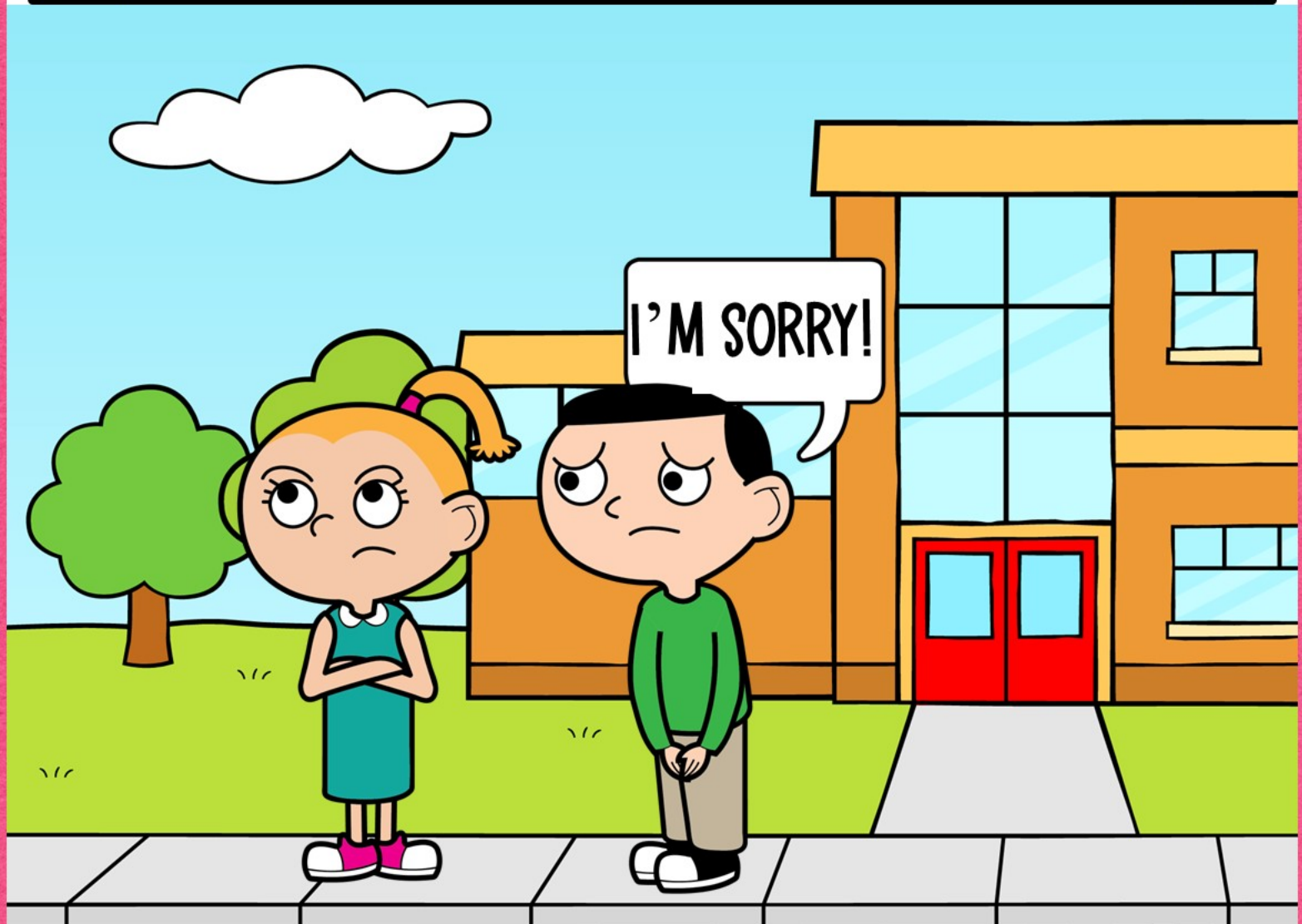
# 12 Ways to Resolve CONFLICTS

Compromise. Make a deal.  
Find a win-win solution.



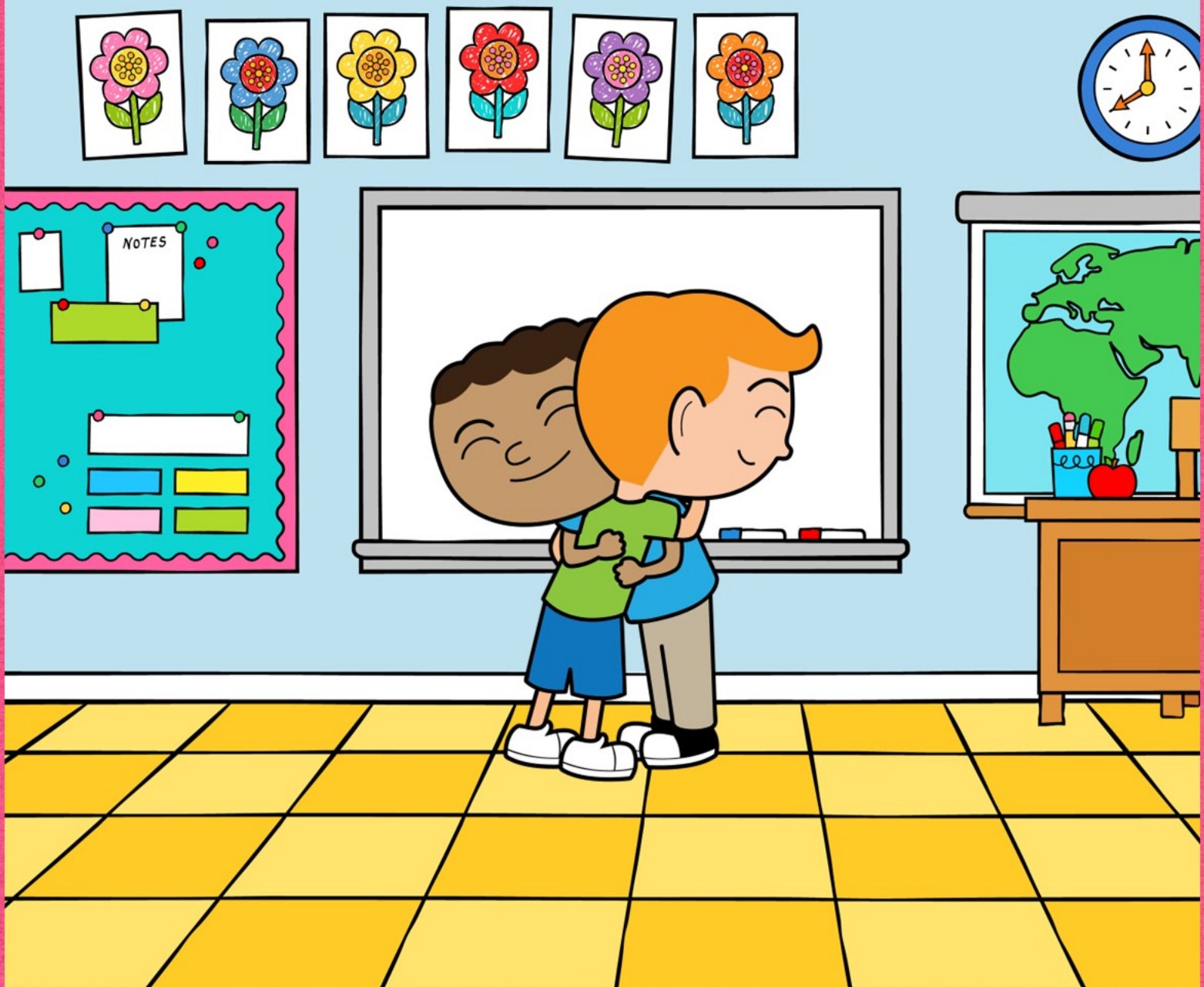
# 12 Ways to Resolve CONFLICTS

Apologize when you make a mistake.



# 12 Ways to Resolve CONFLICTS

Be willing to forgive.



# 12 Ways to Resolve CONFLICTS

Ignore it and move on.



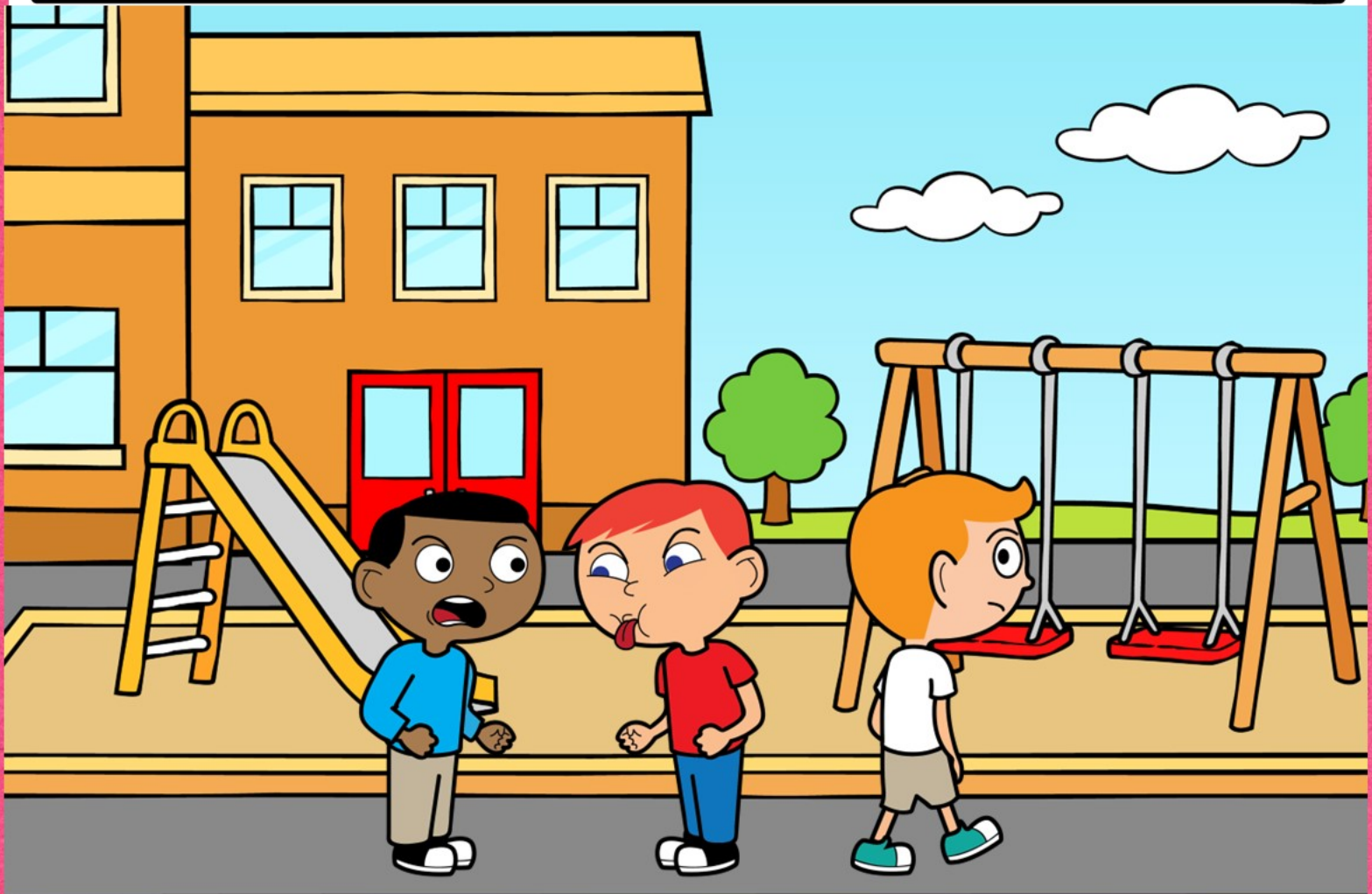
# 12 Ways to Resolve CONFLICTS

Go to another activity or play with another friend.



# 12 Ways to Resolve CONFLICTS

Walk away.



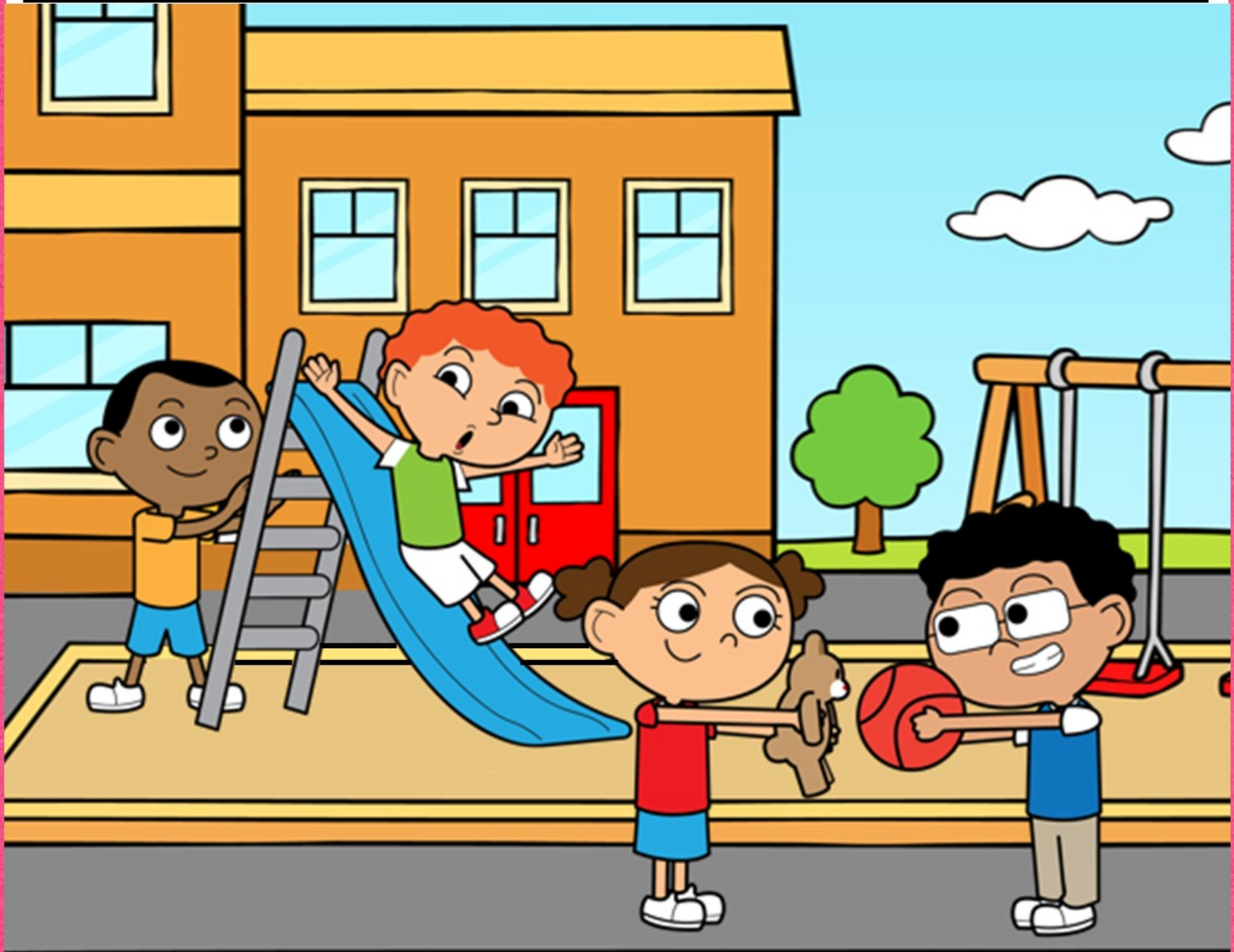
# 12 Ways to Resolve CONFLICTS

Tell them to stop.



# 12 Ways to Resolve CONFLICTS

Share and take turns.

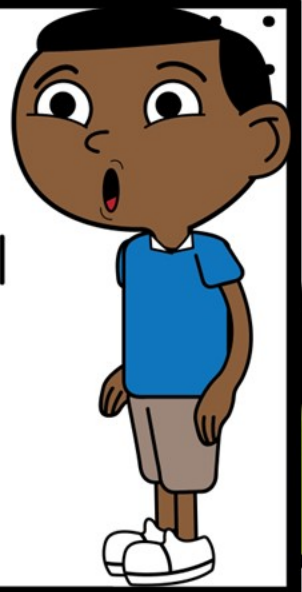


# CONFLICT CARDS

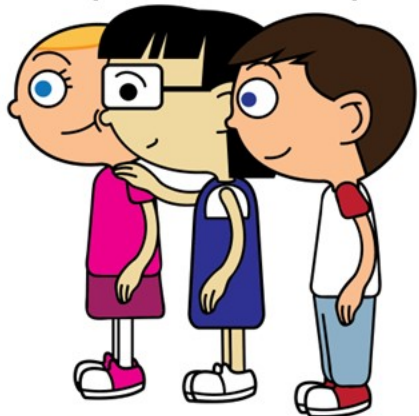
Nathan bothered Joey  
in line.



Ja'Michael  
yelled at  
Harvey on  
the  
playground.



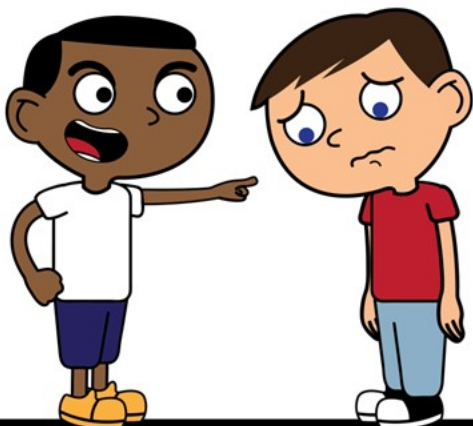
Mei got into Kaily and  
Finn's personal space.



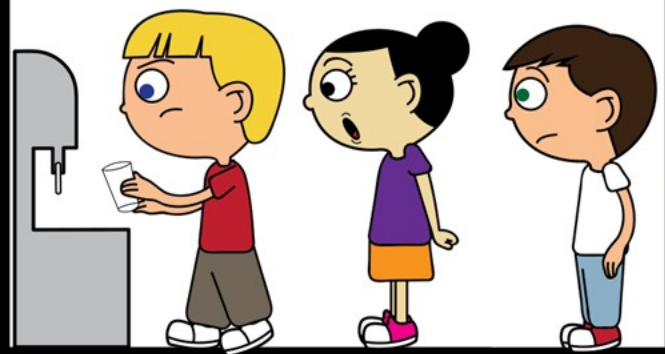
DeMario blurted out  
answers in class.



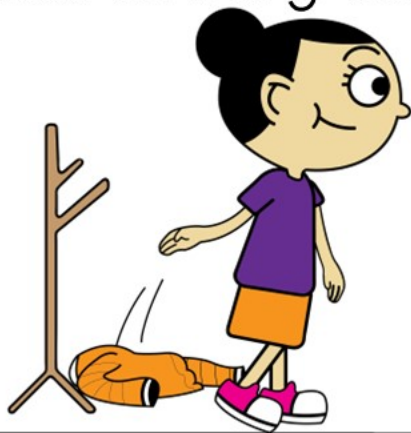
Rikki laughed at the way  
Everett ran in P.E.



Lauren skipped her  
peers in line.



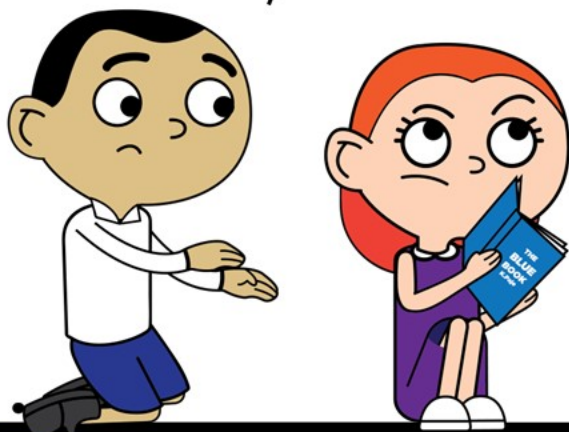
Jenny dropped Sally's  
coat on the ground.



Helen didn't listen to her  
classmates.



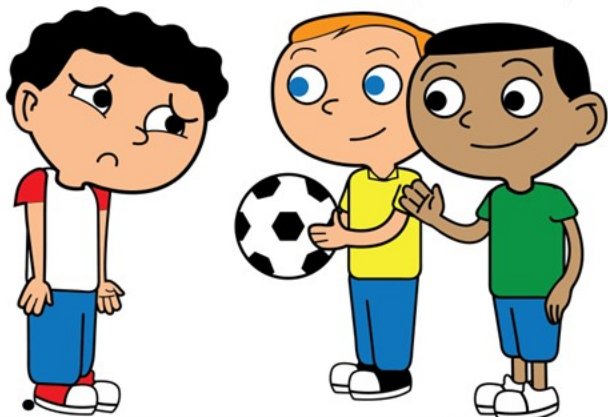
Ginny wouldn't share the  
library book.



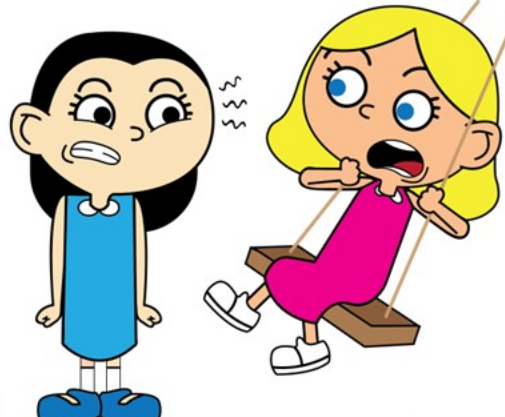
Karen didn't include Jane  
in the fun at recess.



Carlos and August  
wouldn't let George play.



Carla wouldn't take turns  
on the swings.

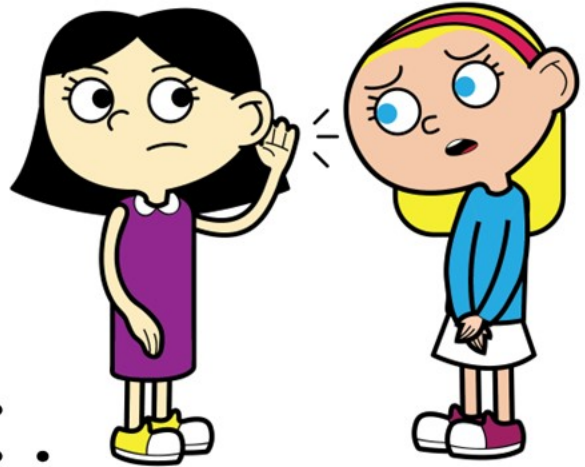


# RESOLUTION CARDS

Before you start, use your coping skills to calm your body and mind.



Be an active listener.



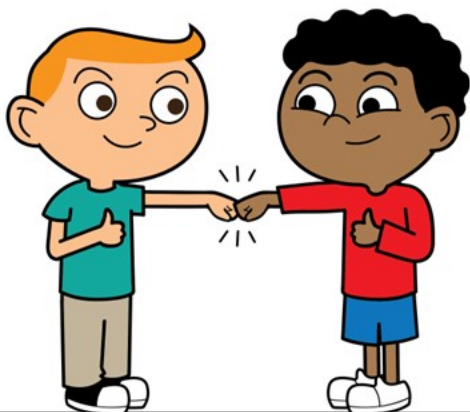
Be empathic. Imagine how others feel.



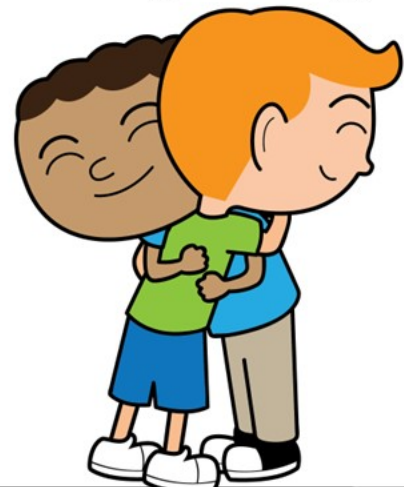
Use an I-Message.



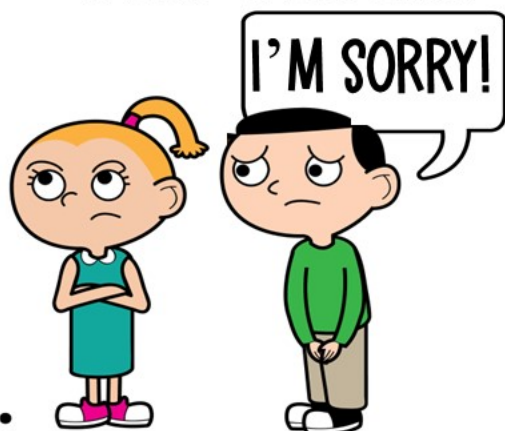
Compromise. Make a deal. Find a win-win.



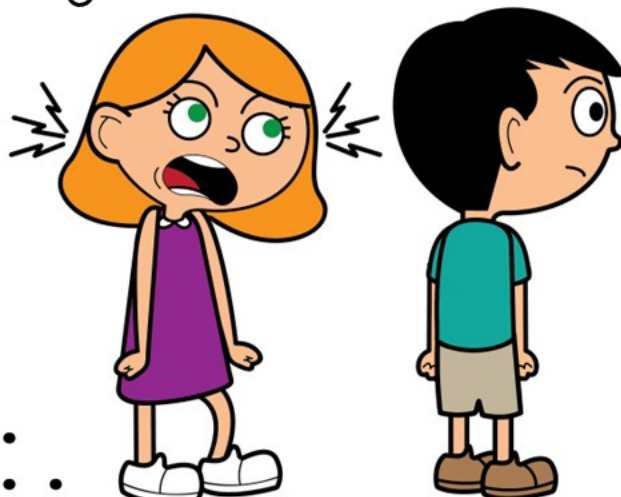
Be willing to forgive.



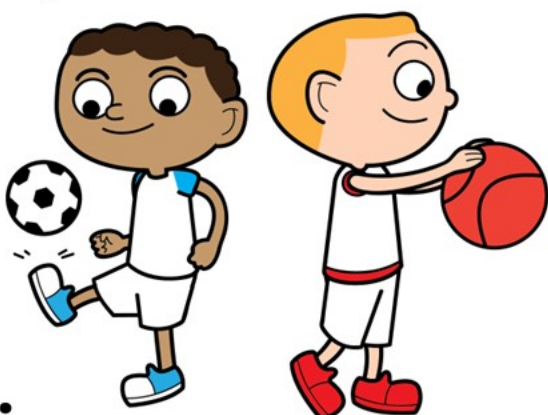
Apologize when you make a mistake.



Ignore it and move on.



Try another activity or play with another friend.

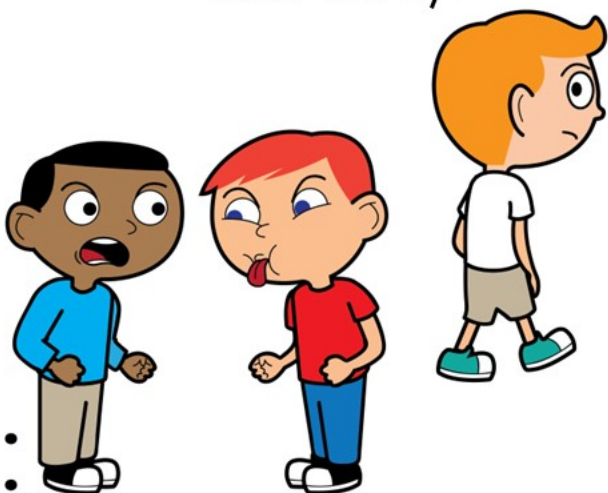


PLEASE STOP!

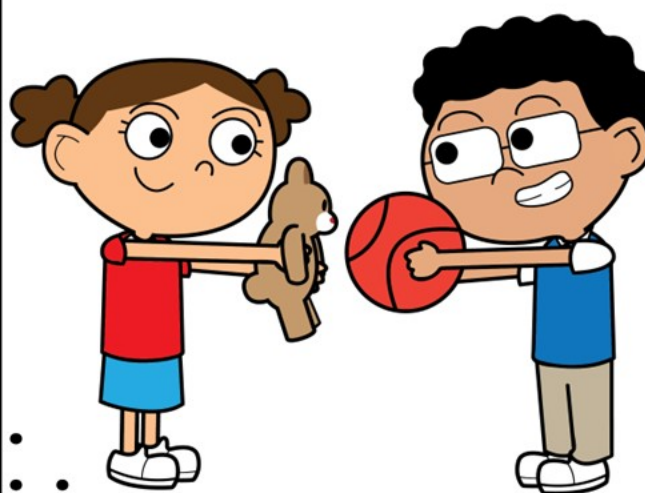
Tell them to stop.



Walk away.



Share and take turns.

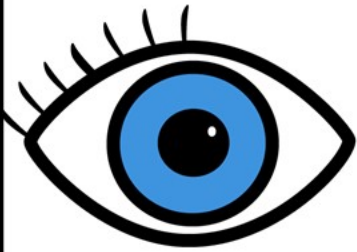


# WORKSHEETS

Name: \_\_\_\_\_

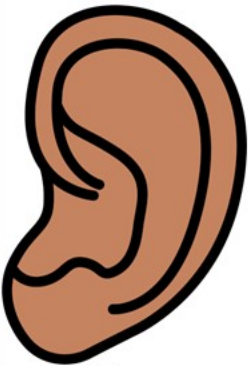
# CONFLICT RESOLUTION

LOOKS LIKE



..

SOUNDS LIKE



..

FEELS LIKE



..

Name: \_\_\_\_\_

# CONFLICT RESOLUTION

## LOOKS LIKE



..

## SOUNDS LIKE



..

## FEELS LIKE



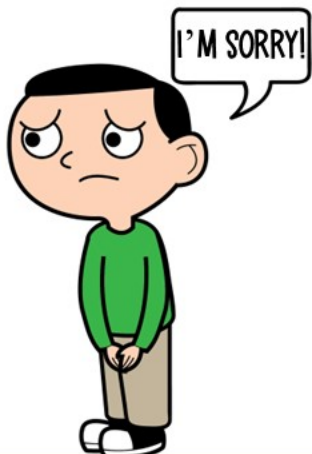
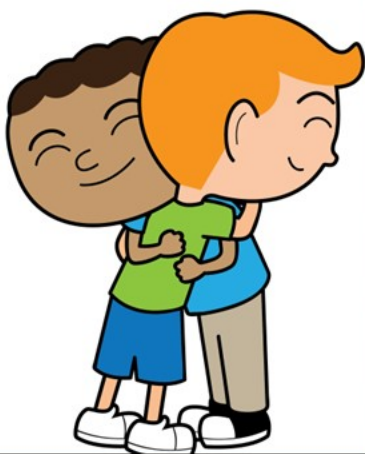
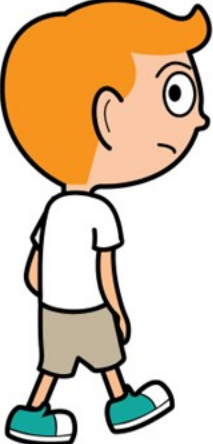

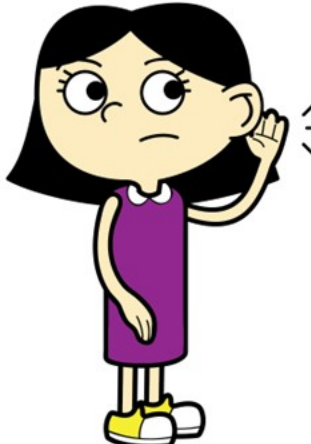


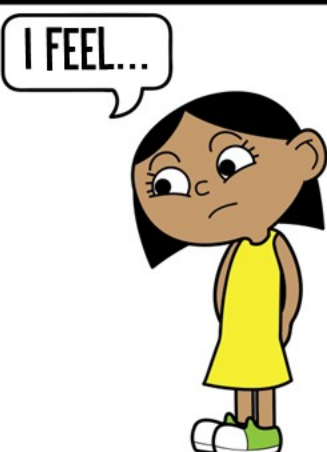
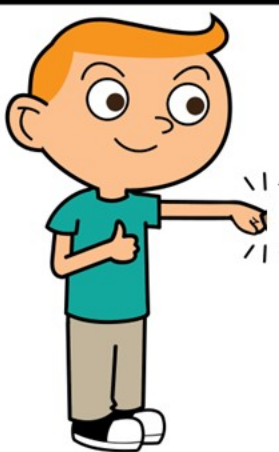
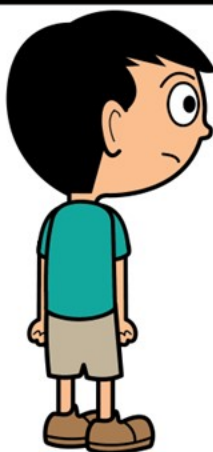


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Name: \_\_\_\_\_

# CONFLICT RESOLUTION

Circle your favorite ways to resolve conflicts.

			
Use coping skills	Tell them to stop	Apologize	Forgive others
			
Walk away	Share, take turns	Actively listen	Be empathic
			
Try another game	Use I-Messages	Compromise	Ignore it

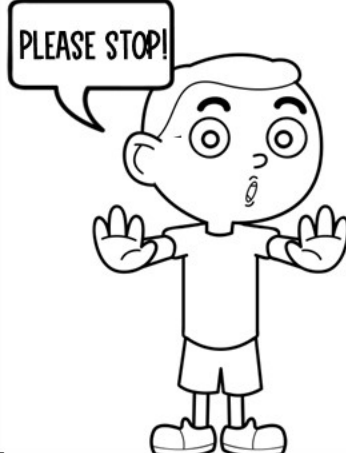
Name: \_\_\_\_\_

# CONFLICT RESOLUTION

Color your favorite ways to resolve conflicts.



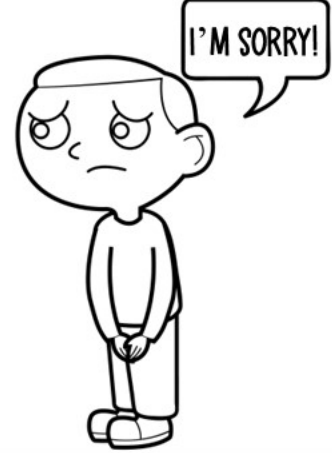
Use coping skills



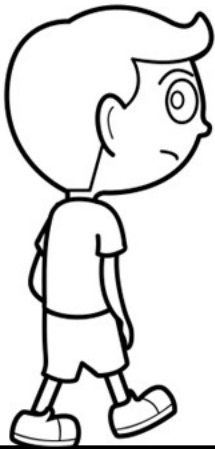
Tell them to stop



Forgive others



Apologize



Walk away



Share, take turns



Actively listen



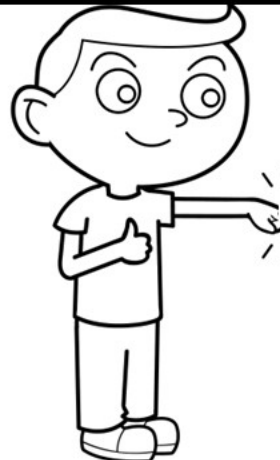
Be empathetic



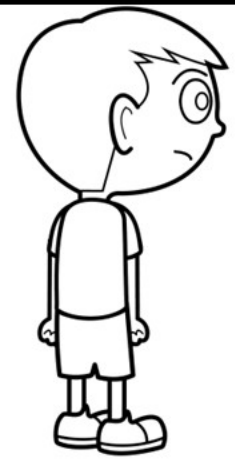
Try another game



Use I-Messages



Compromise

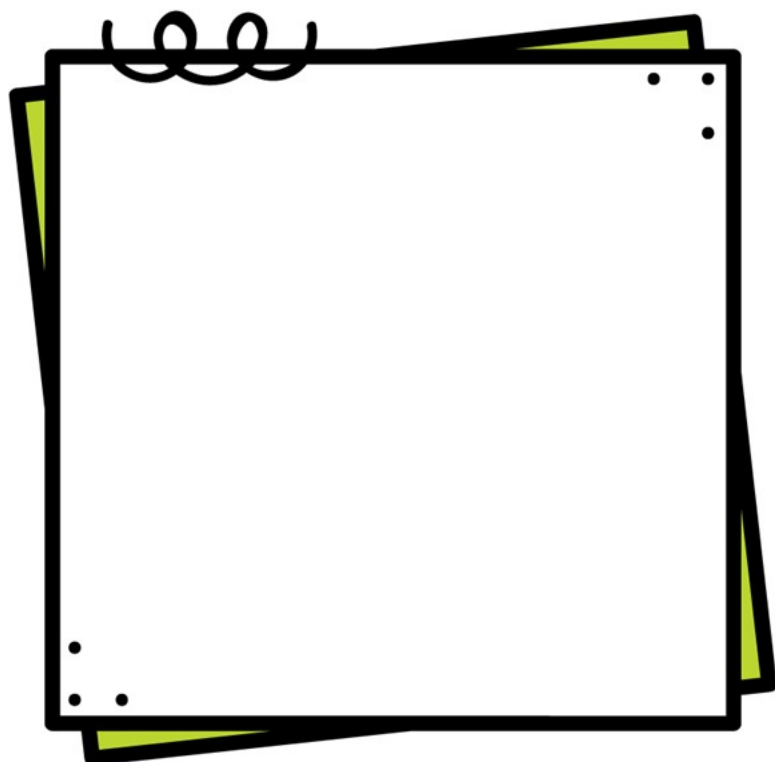


Ignore it

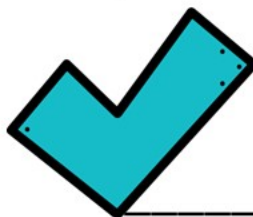
Name: \_\_\_\_\_

# CONFLICT RESOLUTION

Conflict resolution  
looks like:



My favorite conflict  
resolution strategies:



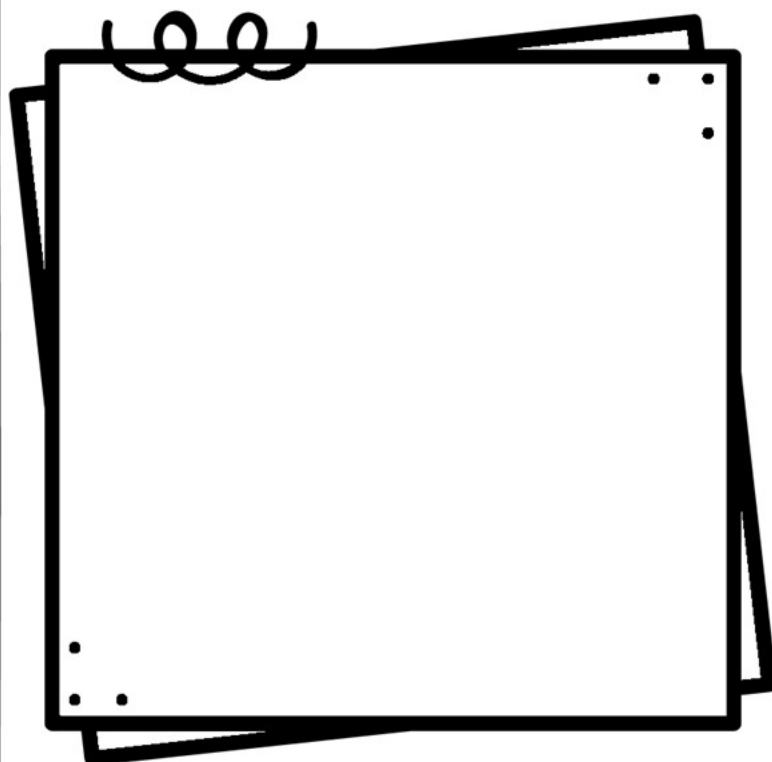
Conflict resolution means:



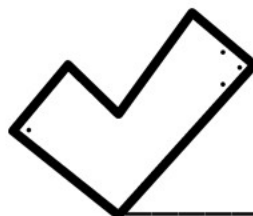
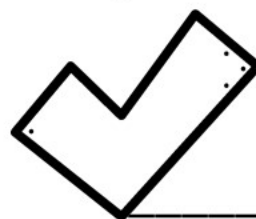
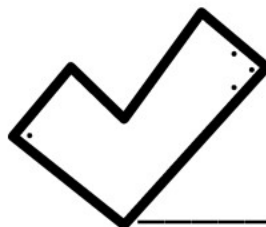
Name: \_\_\_\_\_

# CONFLICT RESOLUTION

Conflict resolution  
looks like:



My favorite conflict  
resolution strategies:



Conflict resolution means:



Name: \_\_\_\_\_

# CONFLICT RESOLUTION

Which conflict resolution strategy would you use in each of these situations? Why?



Gabby won't share her library book.



Corey and Lee won't let you play.

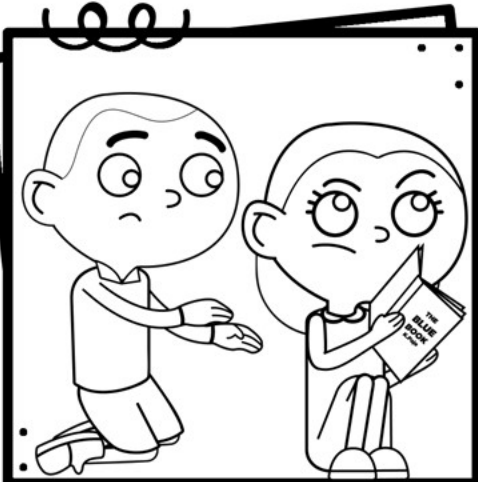


Lindsay won't let you have a turn on the slide.

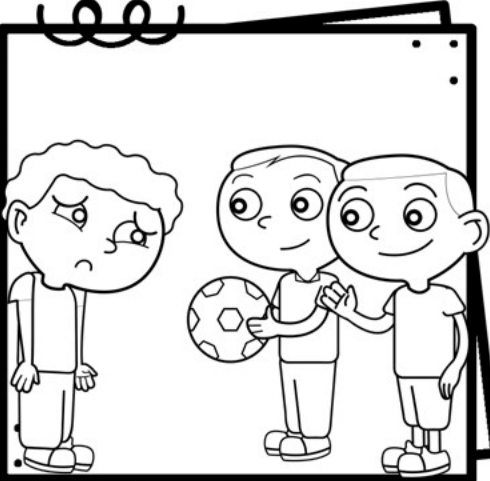
Name: \_\_\_\_\_

# CONFLICT RESOLUTION

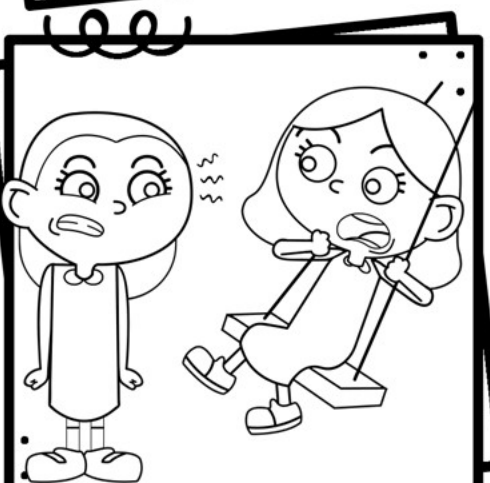
Which conflict resolution strategy would you use in each of these situations? Why?



Gabby won't share her library book.



Corey and Lee won't let you play.

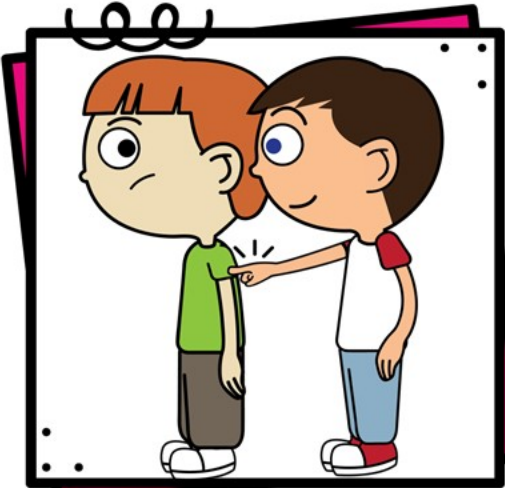


Lindsay won't let you have a turn on the slide.

Name: \_\_\_\_\_

# CONFLICT RESOLUTION

Which conflict resolution strategy would you use in each of these situations? Why?



Ryan keeps bothering you in line.

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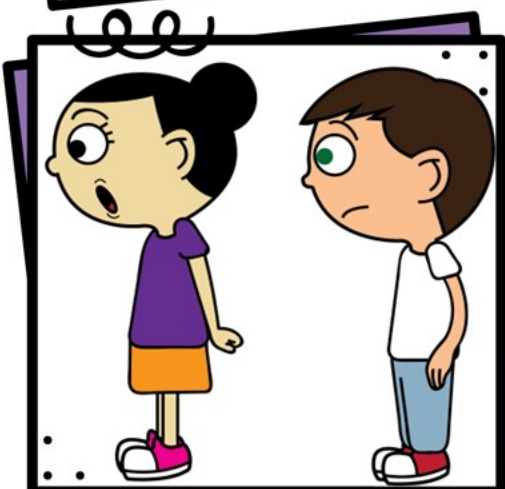


Joshua keeps climbing up the slide and won't let you have a turn.

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Melanie keeps skipping you in line.

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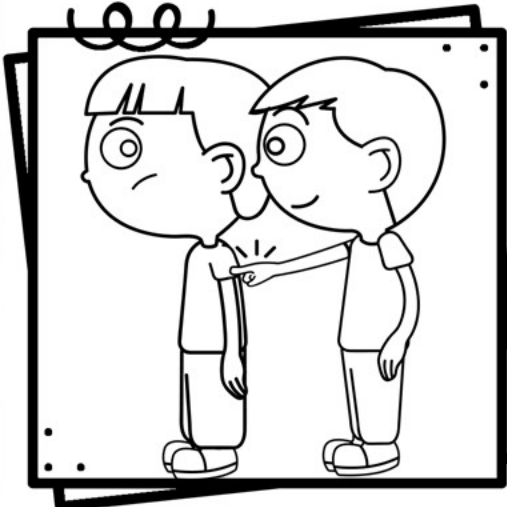
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Name: \_\_\_\_\_

# CONFLICT RESOLUTION

Which conflict resolution strategy would you use in each of these situations? Why?



Ryan keeps bothering you in line.

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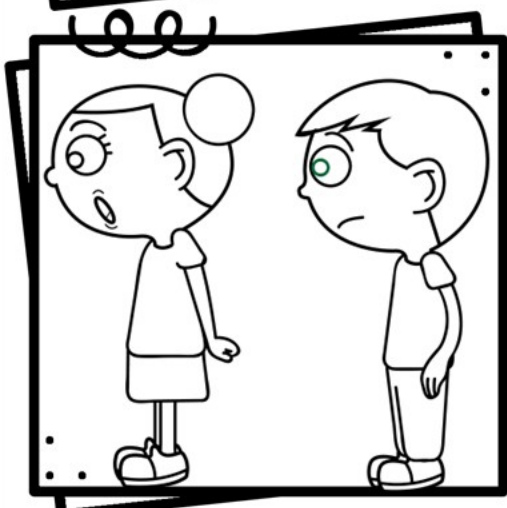


Joshua keeps climbing up the slide and won't let you have a turn.

---

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Melanie keeps skipping you in line.

---

---

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Name: \_\_\_\_\_

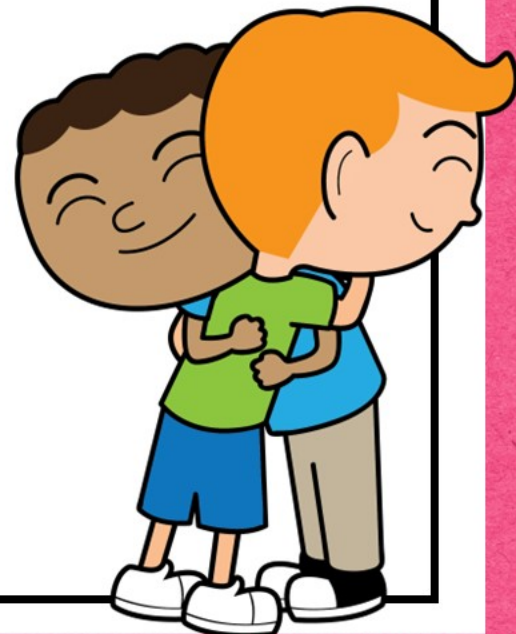
# CONFLICT RESOLUTION

Share about a time when you resolved a conflict.

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Name: \_\_\_\_\_

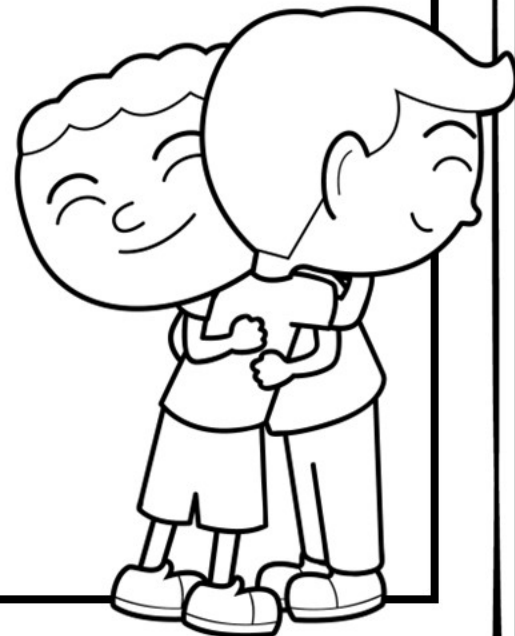
# CONFLICT RESOLUTION

Share about a time when you resolved a conflict.

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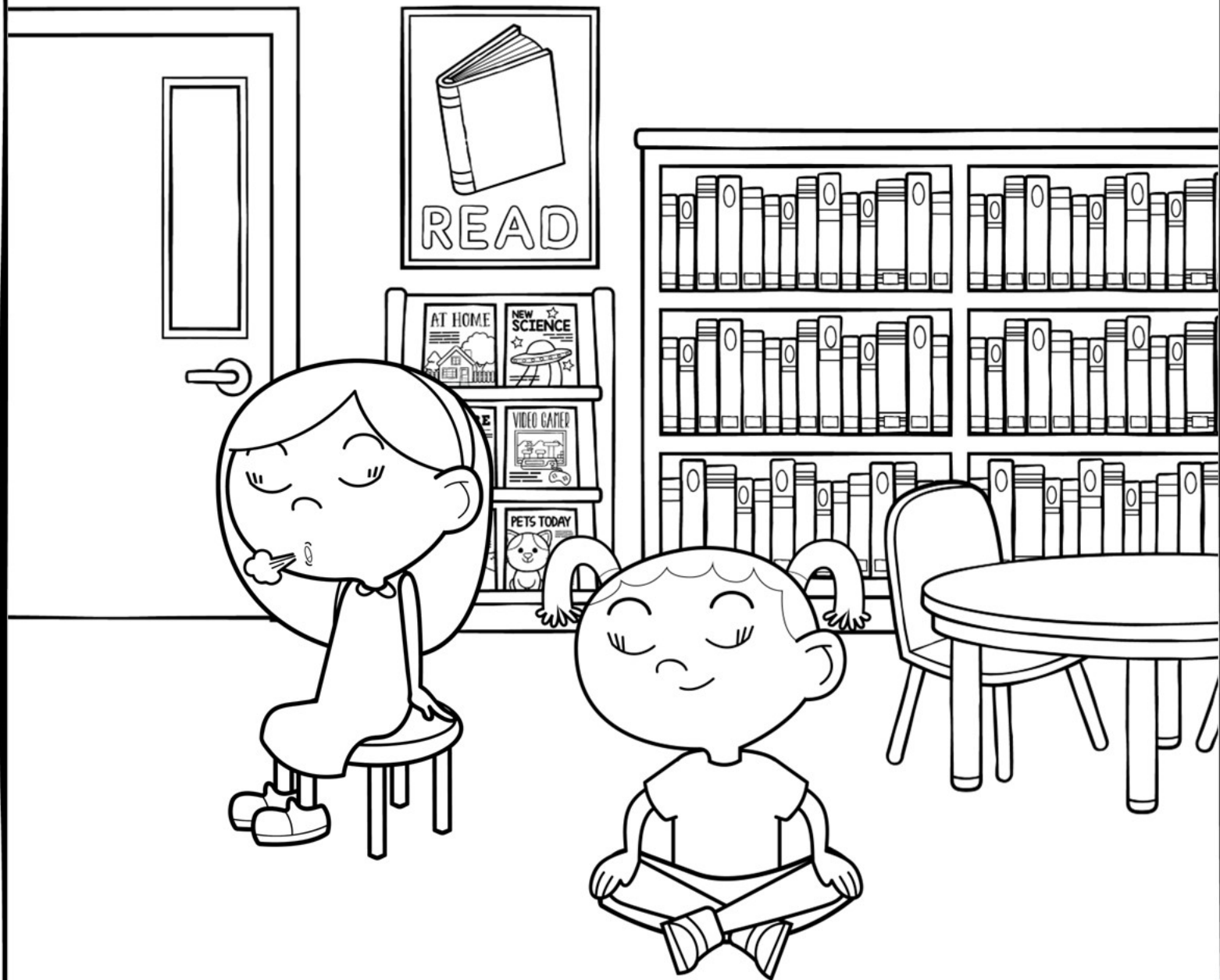


# COLORING PAGES

Name: \_\_\_\_\_

# CONFLICT RESOLUTION

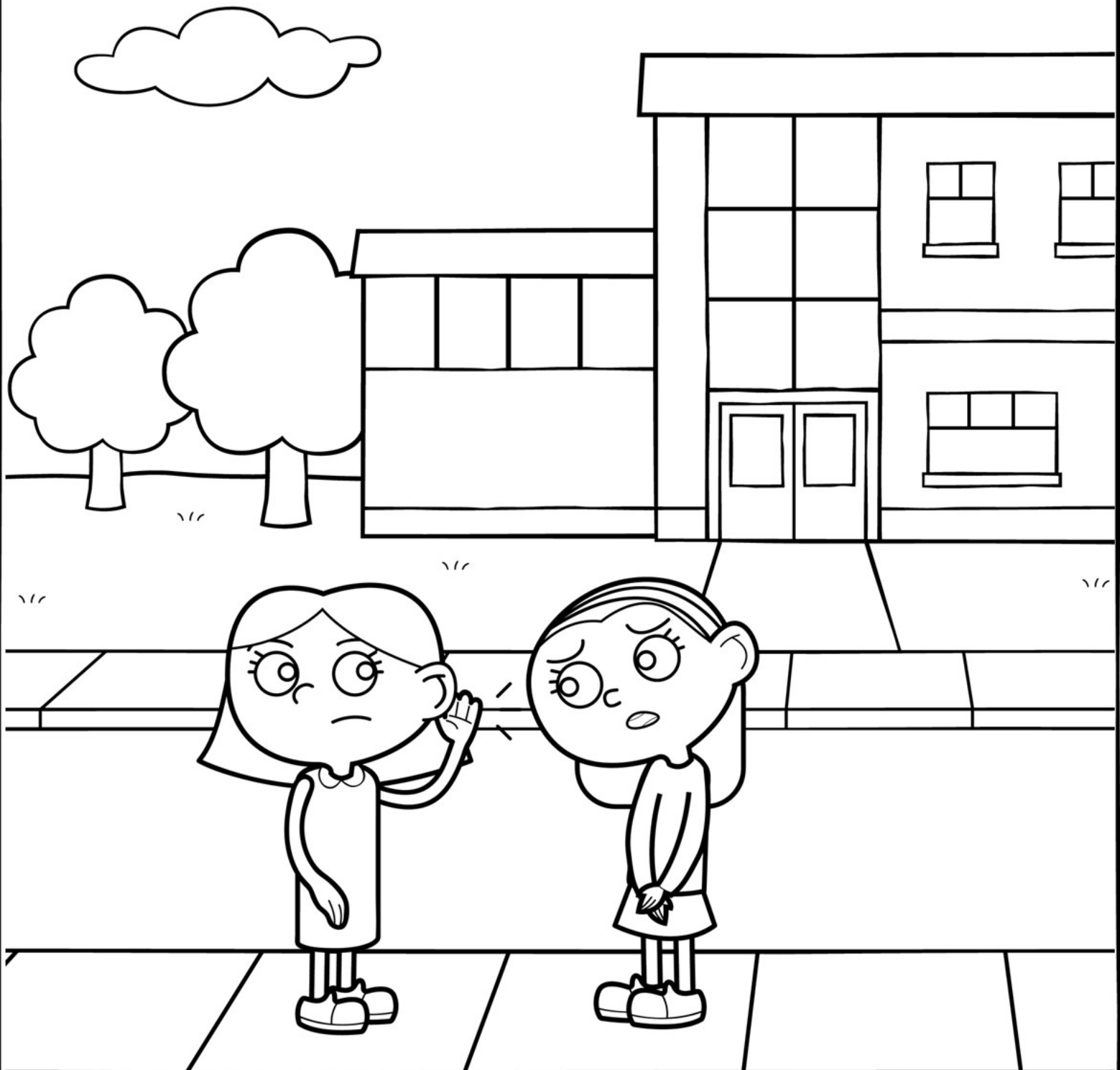
I can use my coping skills to calm my body and mind before resolving conflicts.



Name: \_\_\_\_\_

# CONFLICT RESOLUTION

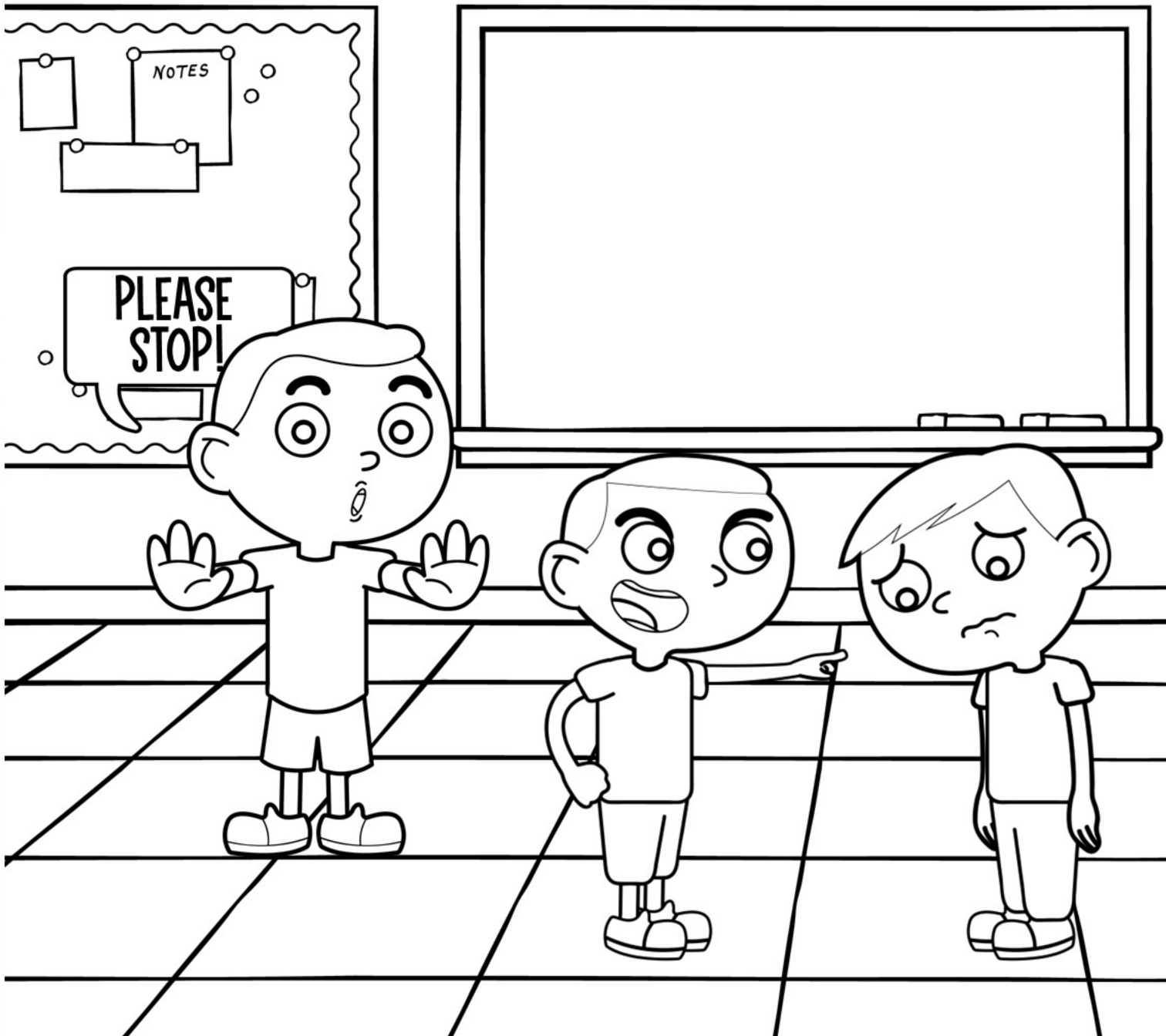
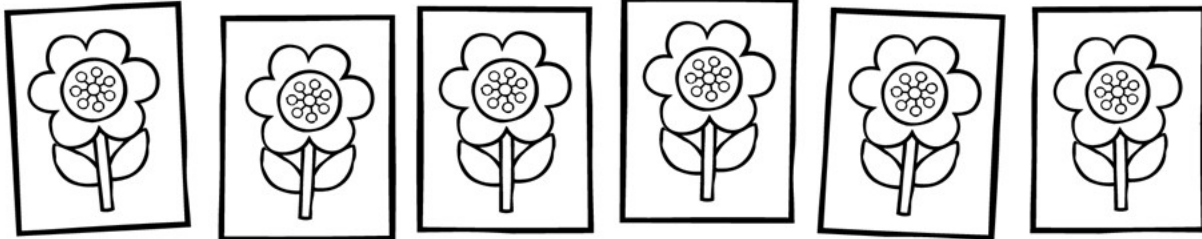
I can be an active listener.



Name: \_\_\_\_\_

# CONFLICT RESOLUTION

I can tell them to stop.



Name: \_\_\_\_\_

# CONFLICT RESOLUTION

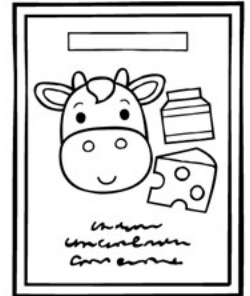
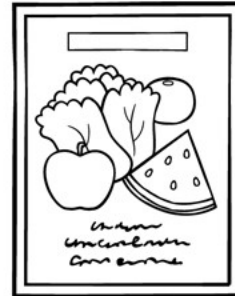
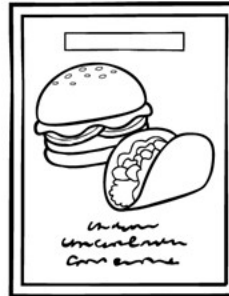
I can be empathic and put myself in others' shoes. I can imagine how they feel and treat them with kindness.



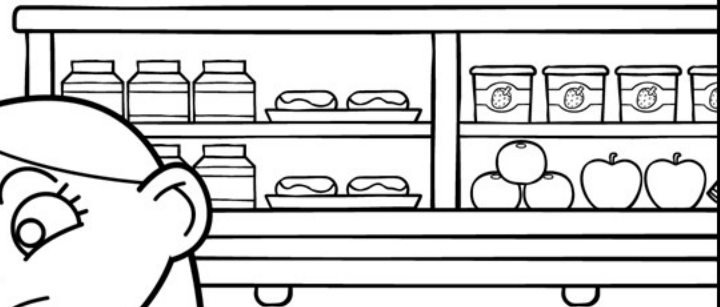
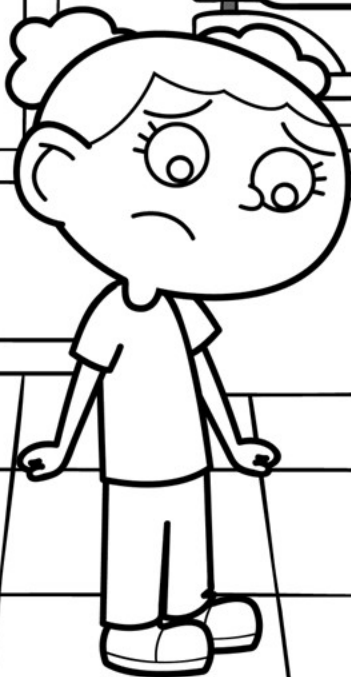
Name: \_\_\_\_\_

# CONFLICT RESOLUTION

I can use an I-Message.



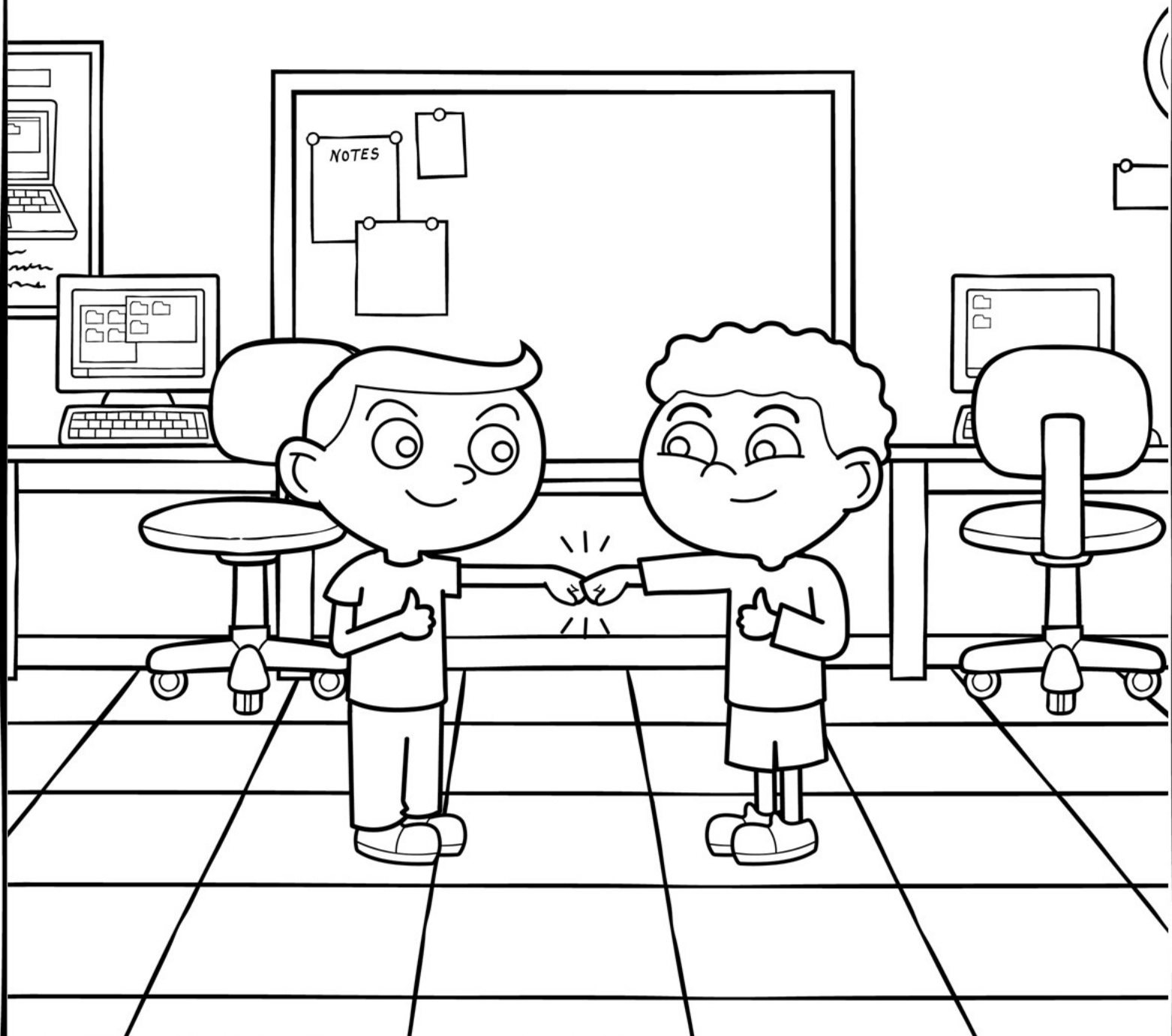
I feel...



Name: \_\_\_\_\_

# CONFLICT RESOLUTION

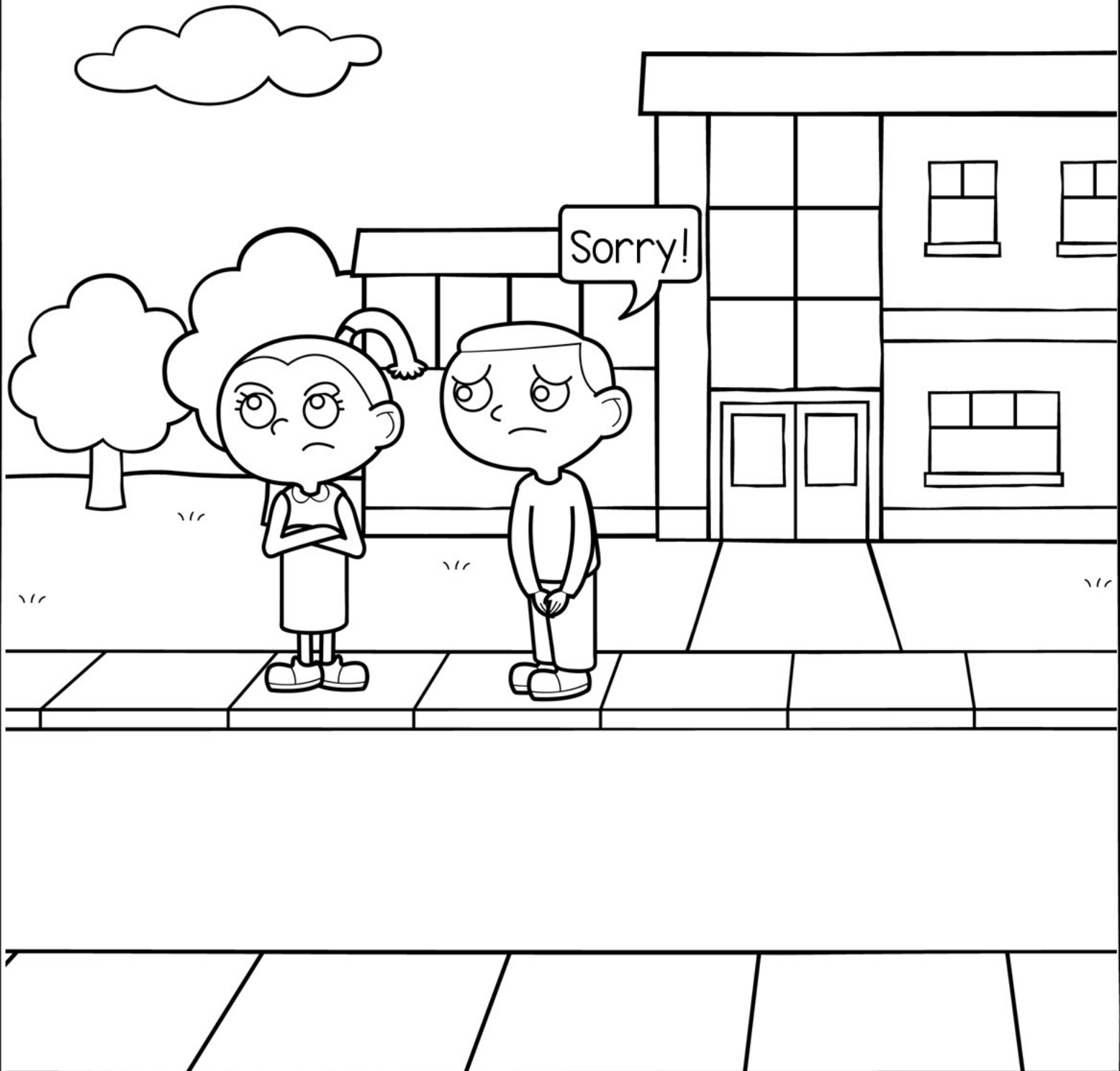
I can compromise and make a deal. I can find a win-win-solution to the problem.



Name: \_\_\_\_\_

# CONFLICT RESOLUTION

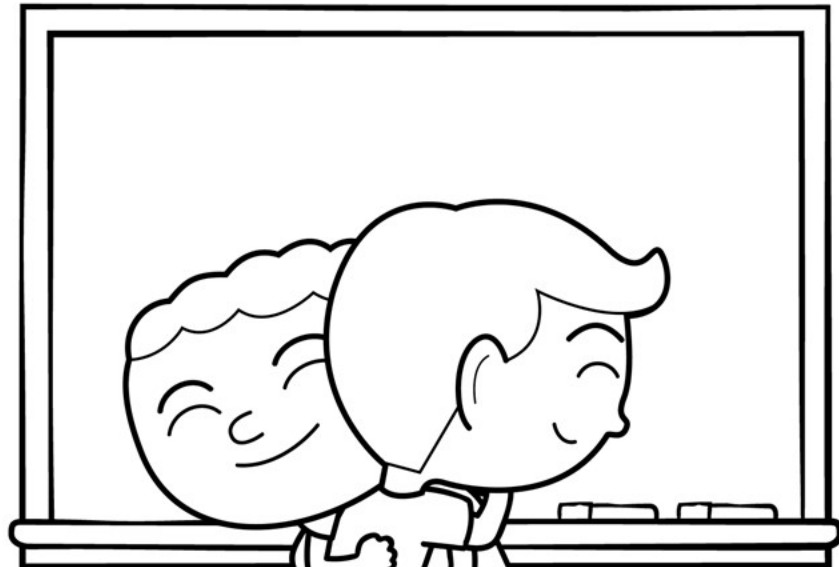
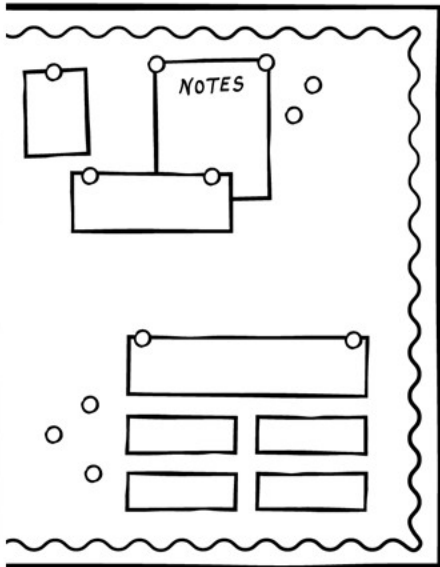
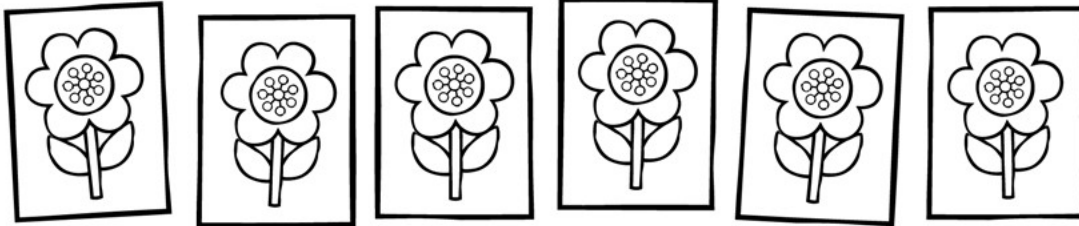
I can apologize when I make a mistake.



Name: \_\_\_\_\_

# CONFLICT RESOLUTION

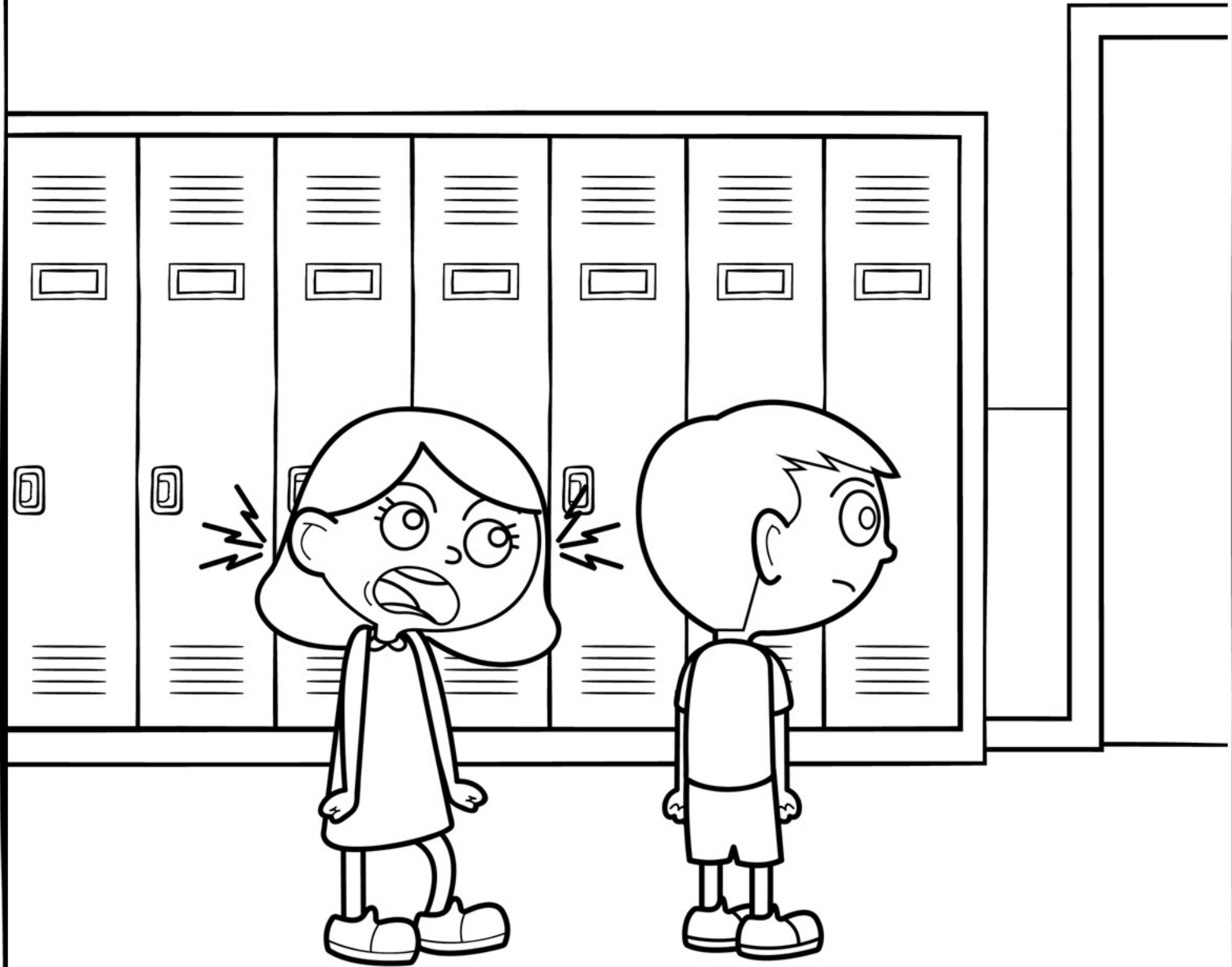
I can forgive others when they make a mistake.



Name: \_\_\_\_\_

# CONFLICT RESOLUTION

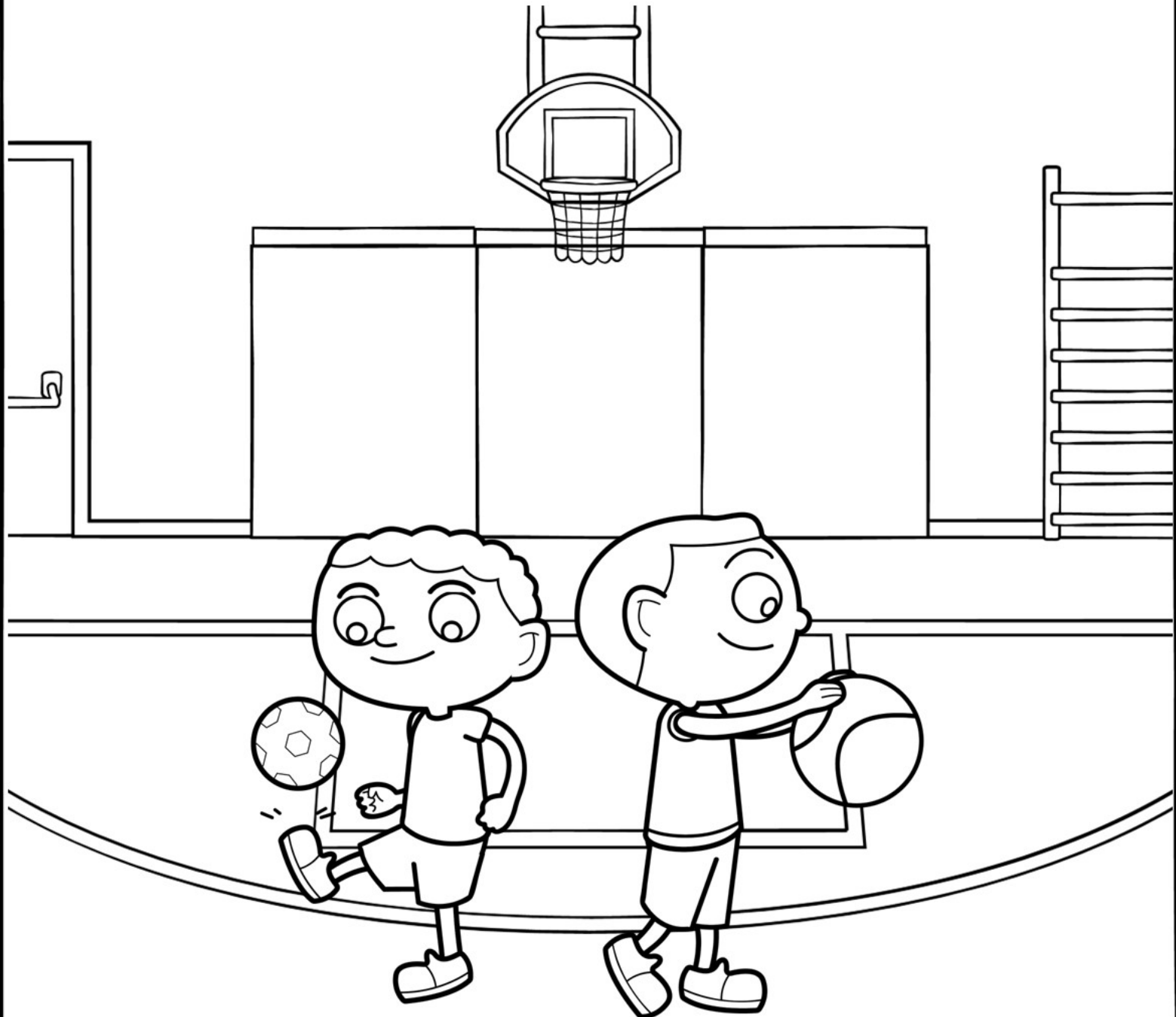
I can ignore the issue and move on.



Name: \_\_\_\_\_

# CONFLICT RESOLUTION

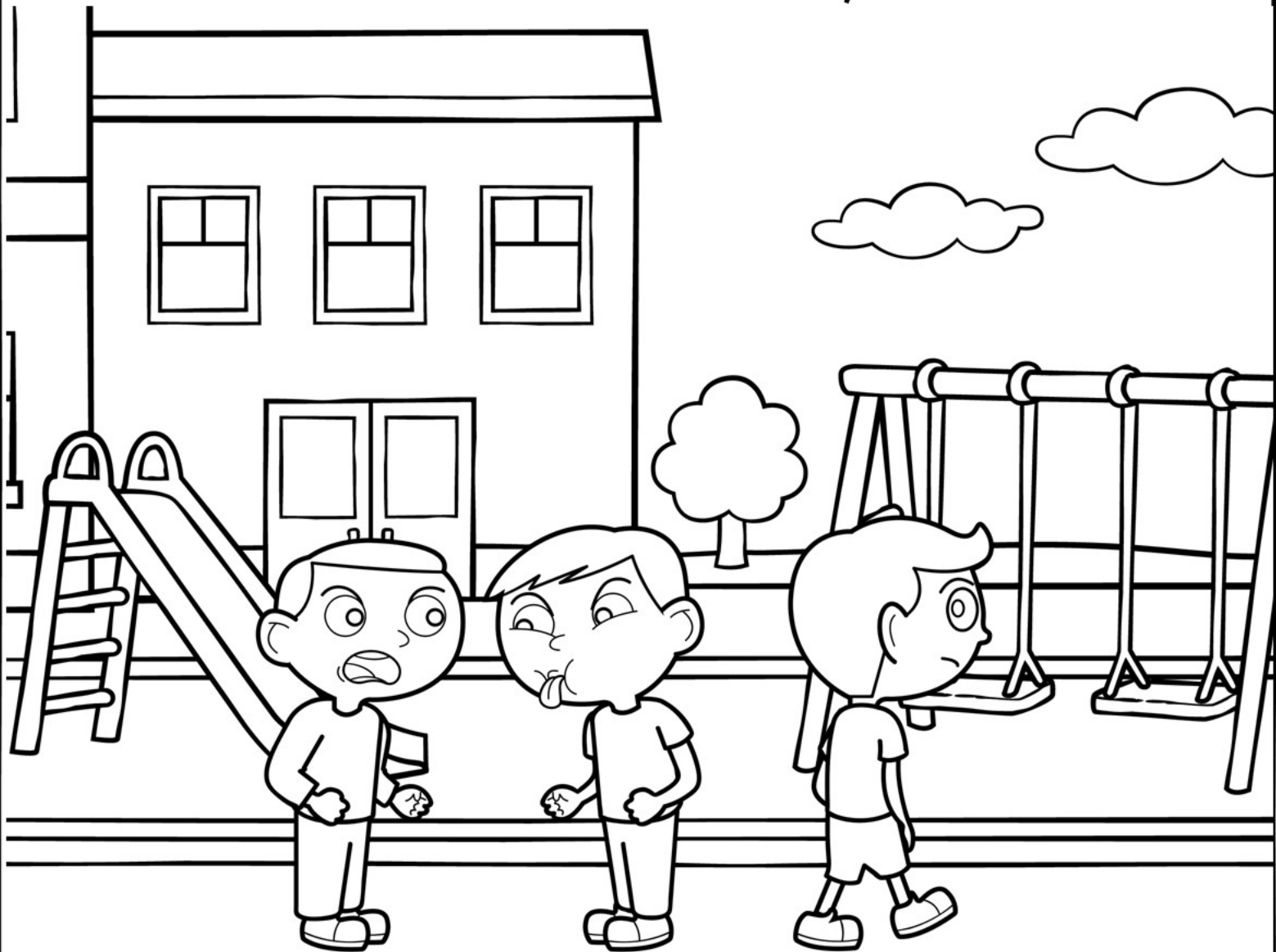
I can go to another activity or play with another friend.



Name: \_\_\_\_\_

# CONFLICT RESOLUTION

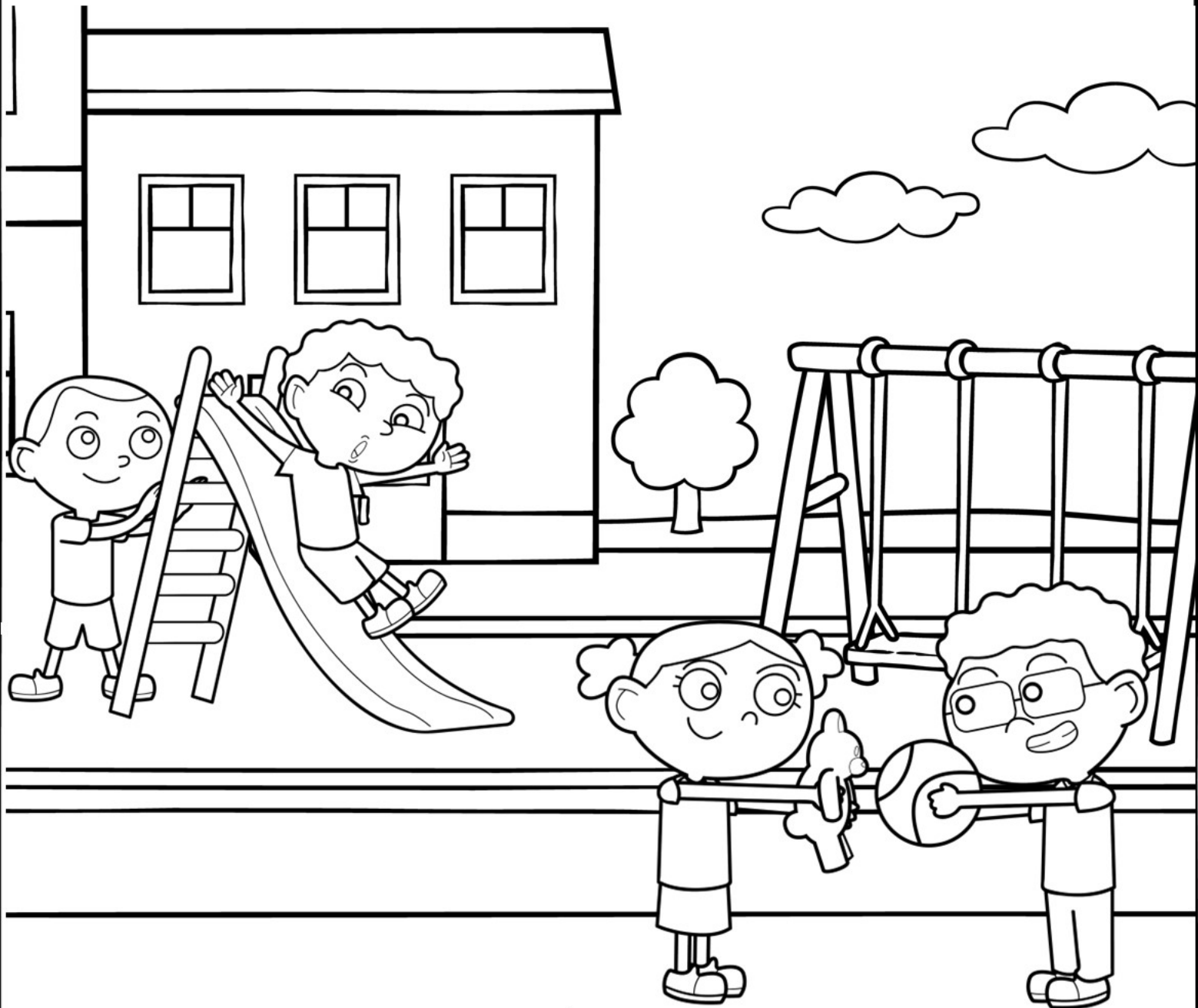
I can walk away.



Name: \_\_\_\_\_

# CONFLICT RESOLUTION

I can share and take turns.



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Please contact me any time at [laura@musiccitycounselor.com](mailto:laura@musiccitycounselor.com) with questions, suggestions, resource requests, or comments. I'm here to help and would love to hear from you!

♥ *laura oathout*

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